



Annual Report of the Pan-American Regional Anti-Doping Organization (PAN-RADO) 2023

Pan American Regional Anti-Doping Organization (PAN-RADO)

Ciudad Deportiva Irving Saladino, Edificio CEMED, Ciudad de Panamá, Panamá

Email address: admin@orad-pan.org Phone Number: (+507)524-4698

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About PAN-RADO:

The Pan American Regional Anti-Doping Organization, PAN-RADO, is the organization officially recognized by the World Anti-Doping Agency (WADA) for the protection of clean sport in Latin America through the harmonization and coordination of the anti-doping programs of the associated National Anti-Doping Organizations and are recognized in Article 21.4 of the 2021 World Anti-Doping Code.

By the end of 2023, the PAN-RADO will have 11 member and 4 strategic partners (Cuba, Mexico, Chile and the Dominican Republic) to strengthen the organization for the benefit of Fair Play and the fight against Doping in sports.

Our members:



The PAN-RADO continues to strengthen ties between the countries of the region and work hard in the fight against doping. Our goal remains valid as an organization to ensure that member feels supported.

Mision:

To be the leading organization in the fight against doping in the PAN-RADO member countries.

Vision:

Protect the athletes and their health, strengthening the organizations against doping and clean sport.

Values:

ETHICS

- We will carry out our activities according to the highest standards of behavior ethical, and moral.
- Develop policies, procedures, and practices that reflects fairness, integrity, freedom, responsibility, honesty and respect.

UNITY

- Coordinate jointly and in solidarity, integrating each country member of the PAN-RADO in decision making and development of activities, policies, and procedures.

RESPONSIBILITY

- We will carry out our activities in accordance with the principles of transparency and commitment.

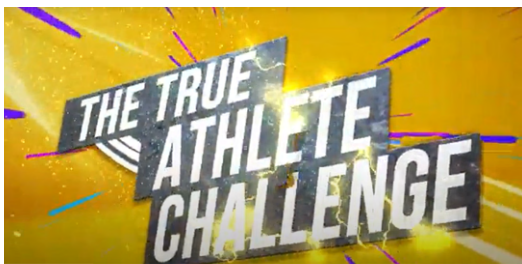
As an organization we face a year 2023 full of challenges and international commitments that we manage to face with responsibility and dedication.

One of the many commitments we had in 2023 was the XXIV Central American and Caribbean Games where we were the organizers of the athlete awareness program, and we also led the doping control program for the participating athletes of the 37 delegations that were competing in games. At an educational level, we had a challenge of being able to train all athletes, support staff, doctors, coaches, parents and members of the sports ecosystem on all issues related to Doping, since it is our task to promote the Game Clean and the physical and mental health of our athletes.

EDUCATION

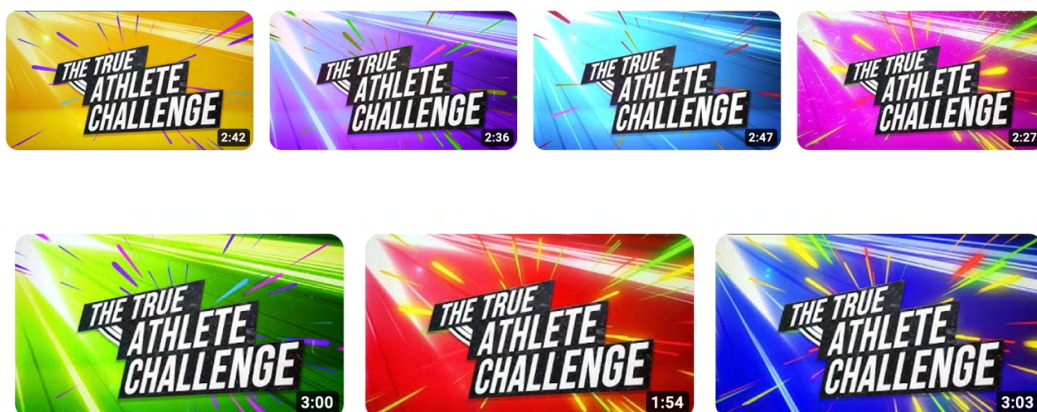
At the end of 2023, the PAN-RADO achieved a series of important educational tools that made it possible to facilitate education for all educators in the different NADOs for their target groups. The information could be understood in a better way, and they managed to capture the attention of each of the participants among athletes, support staff, doctors, coaches, and parents. Additionally, it was also possible to strengthen the knowledge of our control officers and educators through some educational tools that were developed this year.

The True Athlete Challenge: A high level educational tool for destination group: Kids and Young athletes (8 – 12 years)



The True Athlete Challenge is a miniseries that seeks, through animated capsules, to explain the importance of staying clean in sports. Through characters that young athletes can identify with, we will see some of the challenges that athletes face, the doubts that arise and

situations in which they may be tempted to use prohibited substances or methods.



In the videos of The True Athlete Challenge series, we achieved more than 1,000 views. The videos are currently on the PAN-RADO YouTube channel, available to the entire region to be able to view these 7 episodes in both versions (English and Spanish).

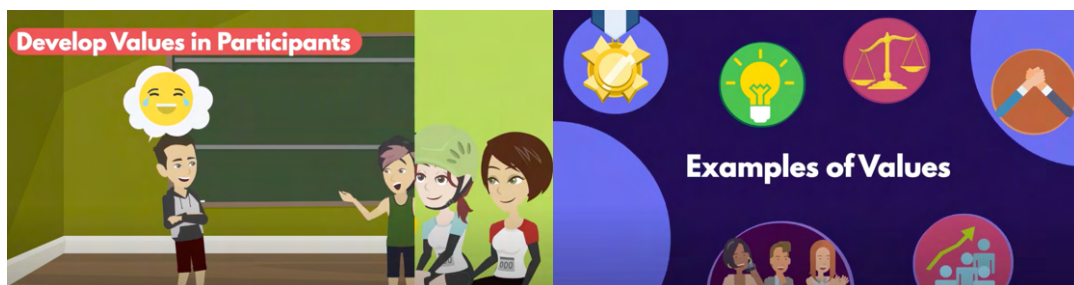
Videos: Values based in sports:

In addition to the animated series, our work team created a series of videos alluding to values in sports, highlighting the importance of having values in sports to maintain a clean environment and without cheating. These videos are also recently found on our YouTube channel as a digital tool for our virtual sessions, digital media and our in-person educational workshops in the region.



The videos are in Spanish and English versions so that our English-speaking and Spanish-speaking athletes can understand the information that is being disseminated.

Additionally, a video was created that talks about awareness and fair play. This video compiles different sources of information related to anti-doping, the International Standard of Education (EIE), TUE, and general topics that are of interest to our sports community.



Virtual Game

One of the tools that we will continue to spread through our social networks and website is the Virtual Game. This game is based on a series of obstacles that the player must face. It will measure the ability of each player and the time to pass each test.



It is aimed mainly at children and young athletes since it is the target most interested in this type of tools.

By the end of 2023, the virtual game managed to have a total of 250 new users interacting and playing. For the PAN-RADO the results were positive, since it motivates us to continue implementing new digital and fun tools to reach our members of the sports ecosystem in various ways and raise awareness of the importance of staying clean in sports and promoting equality of opportunities.

Anti-Doping Control Simulator:



The anti-doping control simulator was used in 2023 as a tool to understand the control processes in urine and blood. This tool could be used to reinforce the knowledge of our doping control officers and could also be used to teach athletes, support staff, doctors, coaches and parents all about these processes.

The tool explains the process step by step in real time through characters, allowing you to easily understand the 11 steps of the doping control process both out of competition and in competition. We achieved a total of 250 new visits.

This tool was also used to train new doping control officers and reaccredit existing doping control officers for the XXIV Central American and Caribbean Games San Salvador 2023, as part of the workshops they received to achieve their certification.

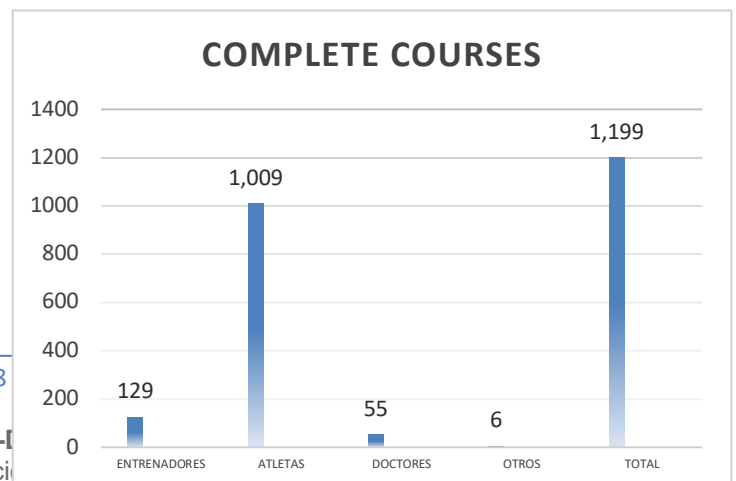
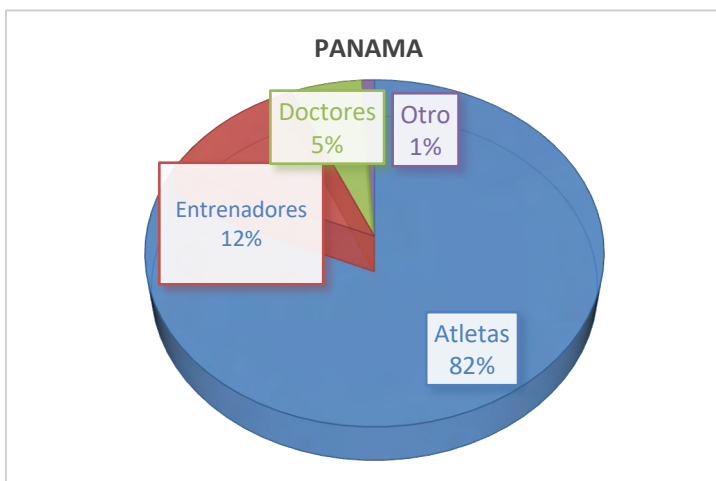
ADEL PLATFORM:

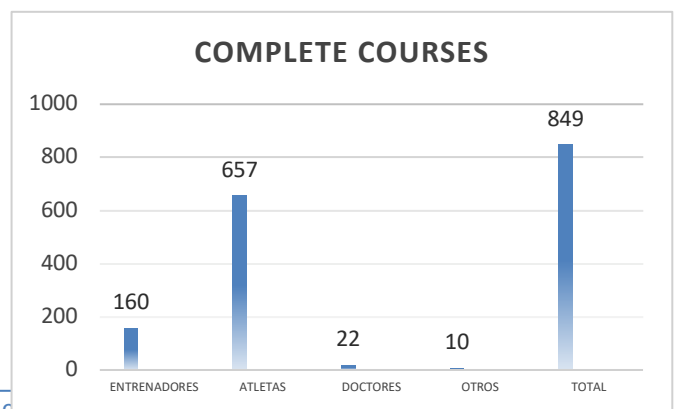
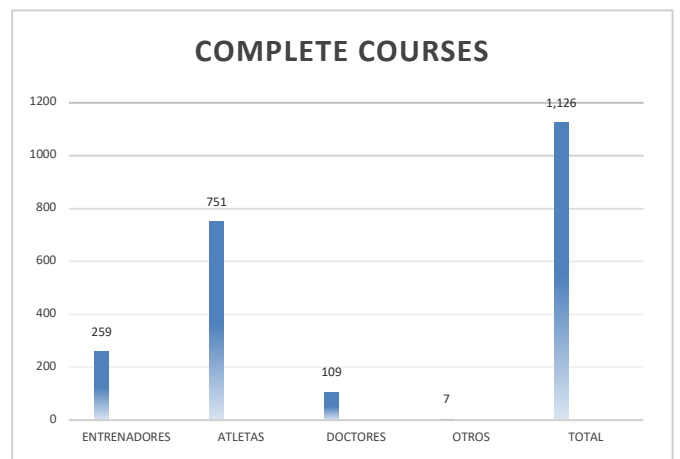
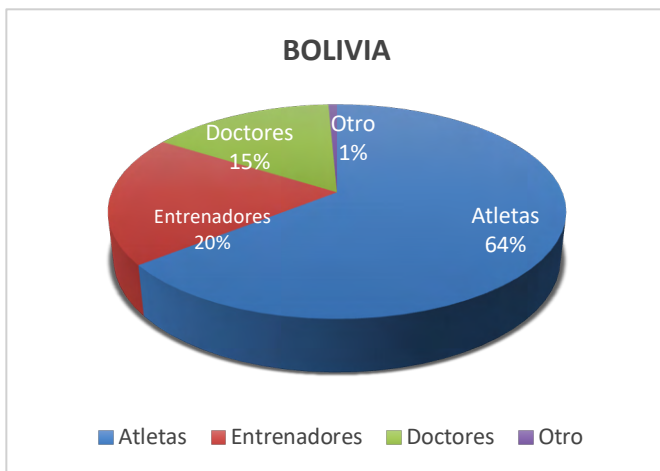
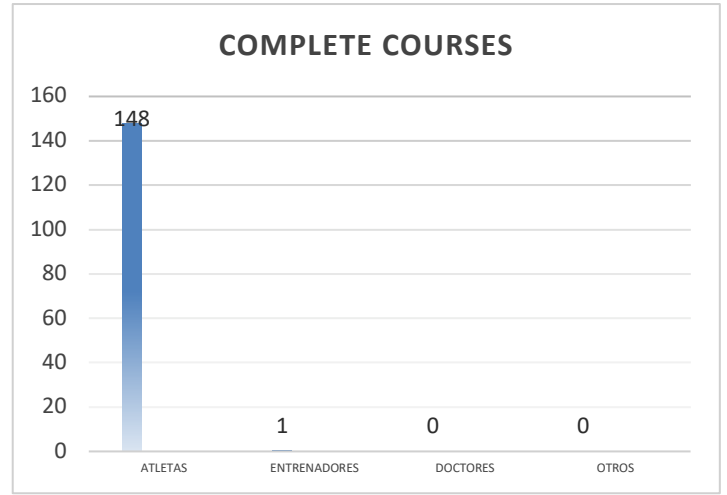
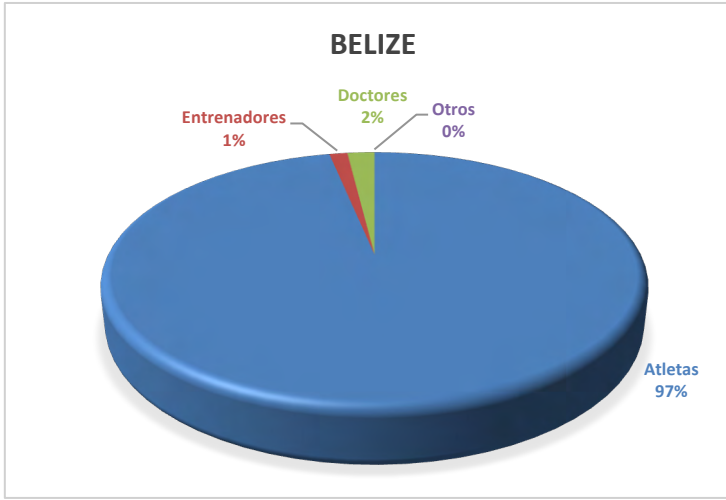
ADEL is a global platform that provides education and learning opportunities for those who need to know everything related to clean sport and anti-doping.

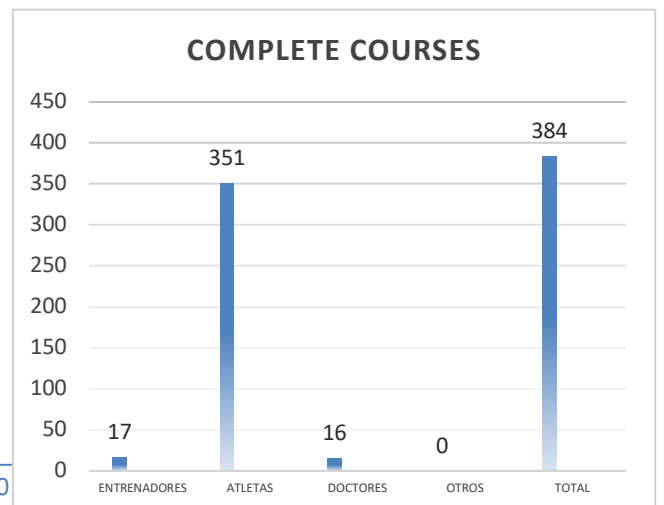
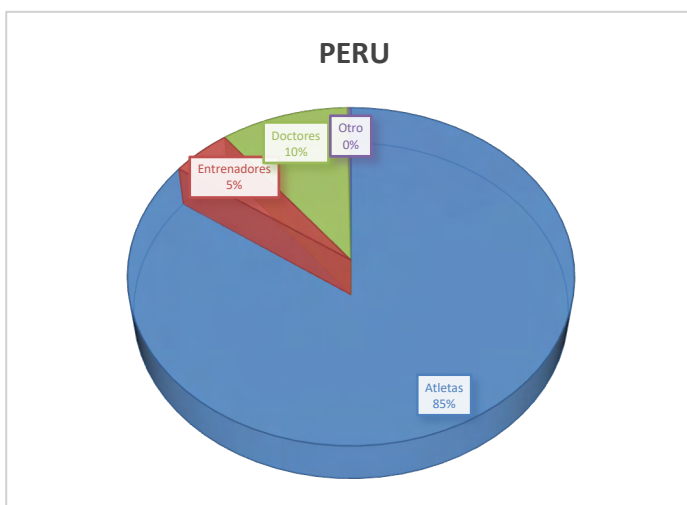
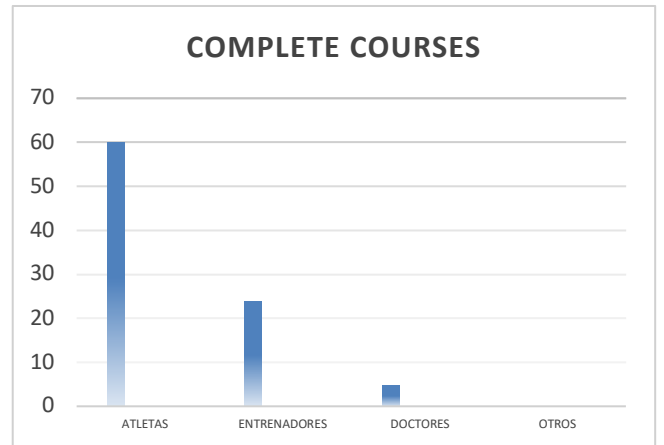
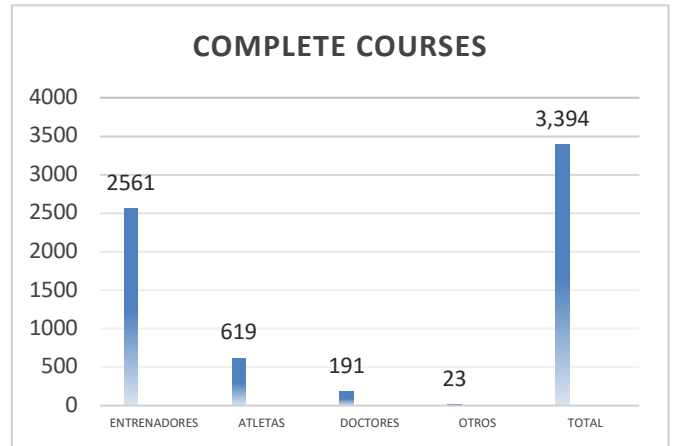
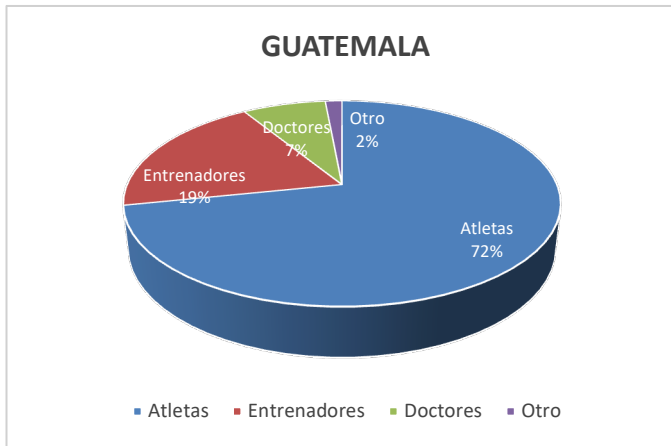
- The new ADEL platform and educational content were fully responsive to allow users to learn via desktop, laptop, tablet or mobile phone.
- The platform's various courses allowed different members of the sports ecosystem to learn about various topics depending on the role they play. There were courses dedicated to doctors, or coaches and of course athletes.

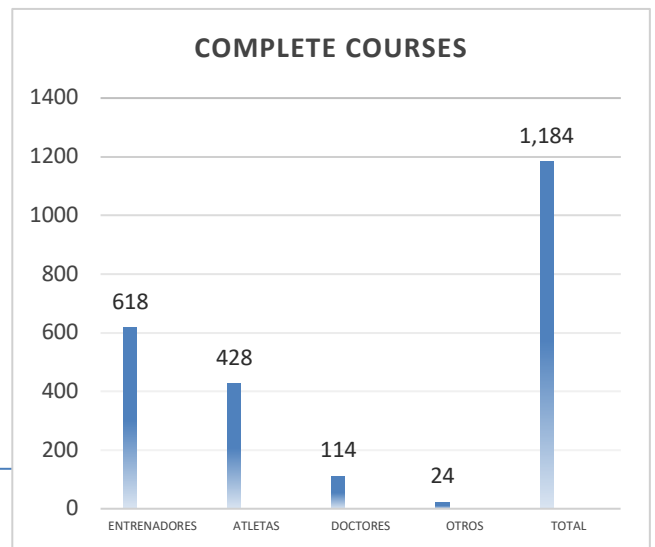
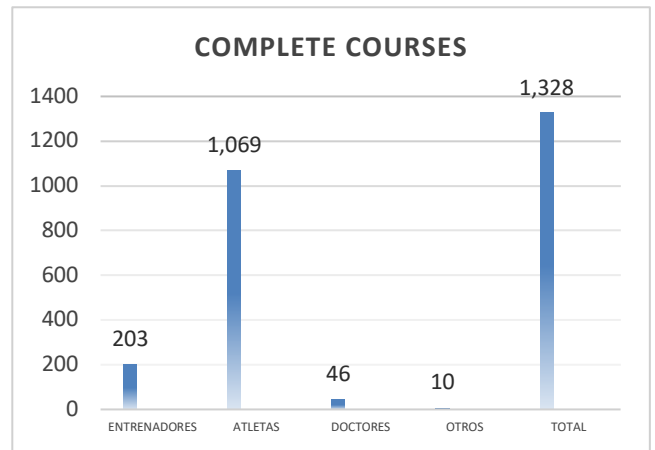
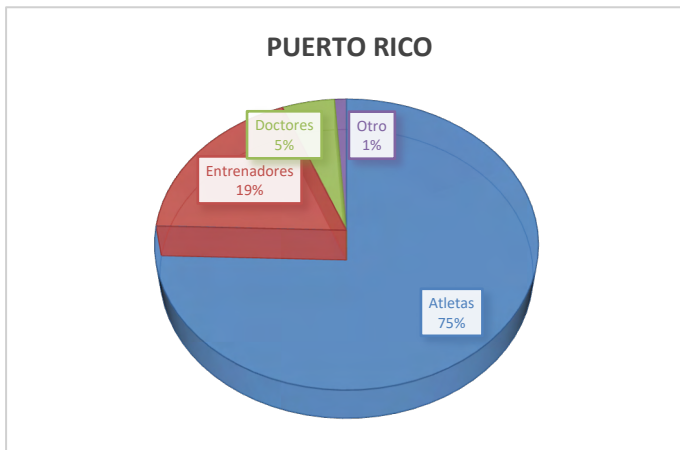
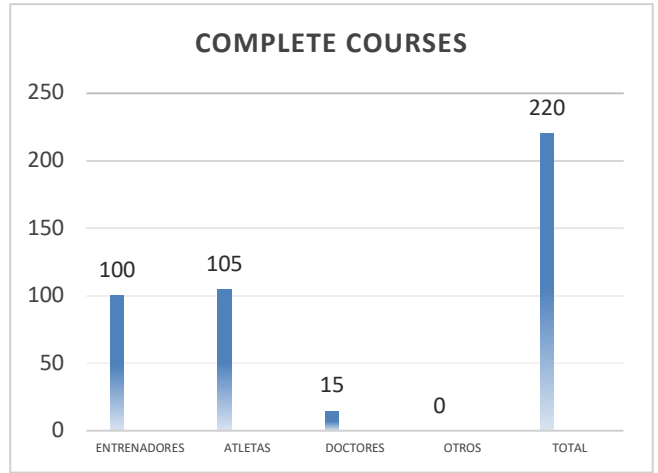
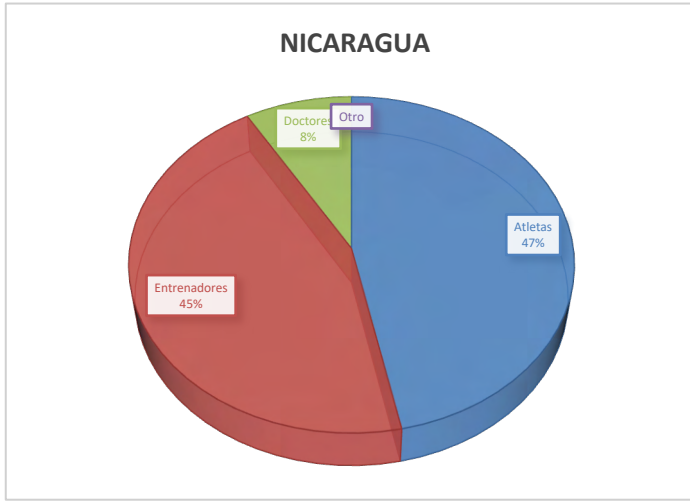
Courses such as TUE, ADEL for medical professionals in large events, Guide for support personnel for athletes and for coaches, were other courses that were carried out and completed by all participants registered on the ADEL platform in each of the NADO's.

These are the statistics of the member countries, using the ADEL platform in the year 2023: Athletes and support staff registered and completed:









Latin- American and Caribbean Anti-Doping Academy

Introduction to Anti-Doping

The Anti-Doping Academy of Latin America and the Caribbean is an educator system of educators that seeks to standardize educational material and certification processes throughout the region.



The main objective of this section is to promote the acquisition of general theoretical knowledge about anti-doping necessary for the good performance of all professionals involved in sport.

The Introduction to Anti-Doping course is aimed at educators, athletes and any professional who has any relationship with the sports field. It aims to transmit basic knowledge in a fun and effective way, in addition to raising awareness about this topic that is both relevant and unknown to our community.

In addition to the above, the course guides and motivates anyone who is interested in delving deeper into some of the different areas of action of the fair play movement, to do so after the certification of this course.

The introductory anti-doping course includes:

Anti-Doping Fundamentals:

- Anti-doping Program and Values associated with Clean Sport
- Consequences of Doping
- WADA – Roles and Responsibilities of the Athlete and Support Personnel.

At the end of this first section, a fundamentals questionnaire is applied to guarantee that the information was processed correctly.

Definition of Doping:

- Definition of Doping and Prohibited List
- Anti-Doping Rule Violation

Doping Control Process

- Notification
- Doping Control Station
- Urine Sample Collection Process
- Blood Sample Collection Process
- Completion of Doping Control

Final Course Evaluation

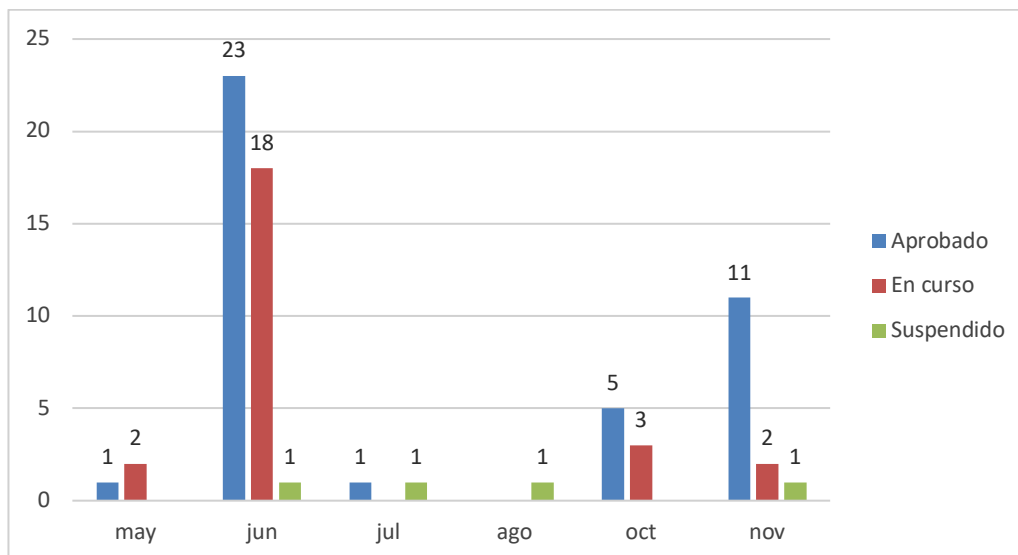
The educator, athlete or staff taking the course must complete a final evaluation with a minimum of 80% grade to pass the course.

Certification to users who complete the course:



This is the certificate that was awarded to all educators who took the course as the main requirement to participate in upcoming Major Events such as the XXIV Central American and Caribbean Games San Salvador 2023.

Results:



A total of 41 educators passed the course as a requirement to educate other athletes, doctors, coaches and support staff in their various countries and at the XXIV Central American and Caribbean Games San Salvador 2023; games in which our staff was required to train the sports community.

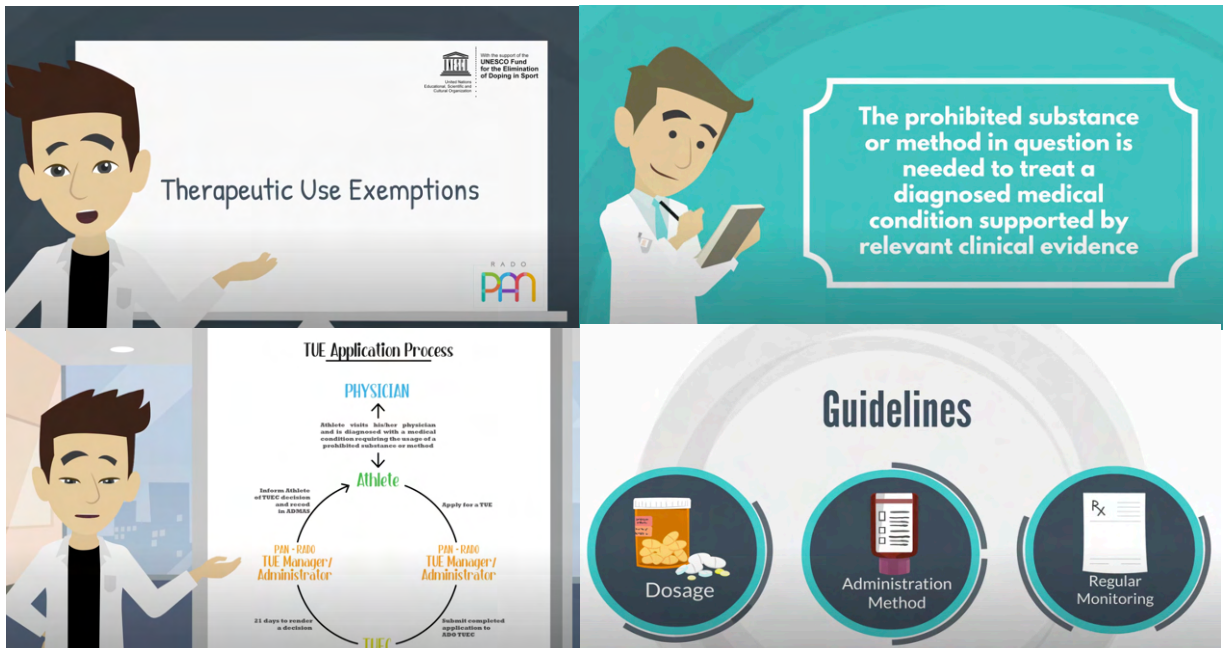
Only those educators who completed satisfactorily and met the minimum grade range (80%) were able to train.

In the current participants section, there are both new educators and already athletes and support staff who have been fully interested in taking the course to expand their knowledge about anti-doping.



PAN-RADO Education Resources

Therapeutic Use Exemption (TUE)



What is a Therapeutic Use Exemption (TUE)

Some athletes may have illnesses or conditions that require the use of medications or procedures. If the medication or method that an athlete is required to use to treat a disease or condition is prohibited under the World Anti-Doping Agency (WADA) Prohibited List, the athlete may be granted a TUE authorizing him or her to use that substance or method while competing without invoke an Anti-Doping Rule Violation and the applicable sanction. TUE applications are evaluated by a panel of doctors, the Committee on TUE.



This second video about TUE requests:

What are the requirements to apply for a Therapeutic Use Exemption (TUE). It is essential to have a valid medical condition that requires the use of a substance on the Prohibited List. This condition must be diagnosed by a duly licensed physician.



This last video clearly explains everything related to being well informed about which substances are prohibited, how to look for them on the List and how to consult with our doctors before taking any substance. Additionally, extensive knowledge about doping and be sure not to consume without first having medical consultations.

Each of these capsules were placed on the PAN-RADO YouTube Channel for access by any athlete, support staff, doctors and parents. The entire sports community could see these capsules.

In addition to this, this material was used for dissemination on social networks on Instagram and Facebook.

The capsules were also used in each of the educational talks in person and virtually, throughout the year 2023 and 2022 so that the participants could understand everything related to therapeutic use authorizations.

Finally, in the talks given to the delegations at the Games during 2023, both in Chile and El Salvador, this information was shared with the teams, so that they had a good understanding of the retroactive

TUEs and the TUEs that they should have if they went. to some games and need authorization for medical reasons.

PAN-RADO Youtube Channel: <https://www.youtube.com/@orad-pan2357/videos>

Capsules of SPEAK UP!:

History about Juan, Miguel and Ana:



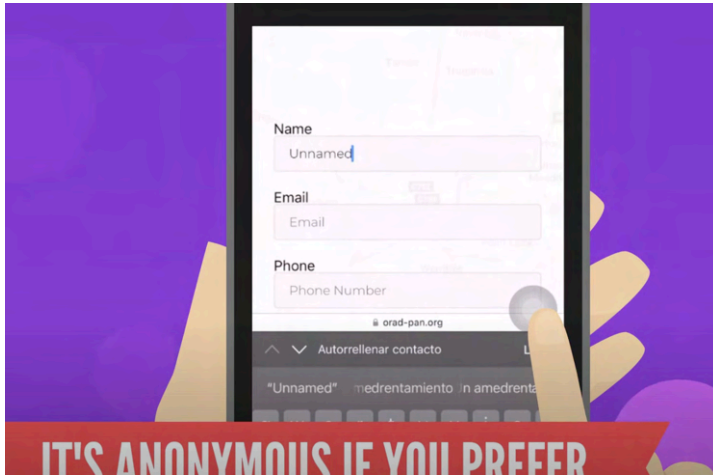
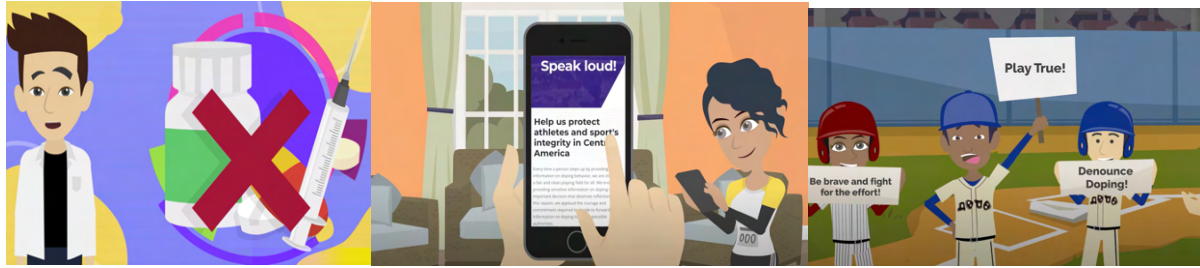
We are going to experience an everyday case regarding the use of prohibited substances and what to do in those cases.

In the quest to achieve our physical goals, the pressure to achieve certain results often leads us to make bad decisions. Pay attention to this case!! You know, if you know of any type of doping situation, SPEAK UP and report it. LET'S PLAY TUE!!

Information about complaints:

In the world of sports, fair competition and fair play are essential. However, doping threatens the integrity of the sport and puts the health of athletes at risk. If you witness doping cases, you have the power to make a difference. Every athlete deserves to compete on equal terms.

Doping distorts this equality and creates an unfair gap between those who work hard and those who choose to cheat. If you know of any case of doping, we encourage you to make your report: SPEAKE UP!. In this video we explain how to do it!



Through this capsule, you can understand what a complaint is and the various ways to make a complaint.

1. Contact anti-doping authorities
2. Do it through the PAN-RADO website from your computer, tablet or phone anonymously.
3. Through our email.

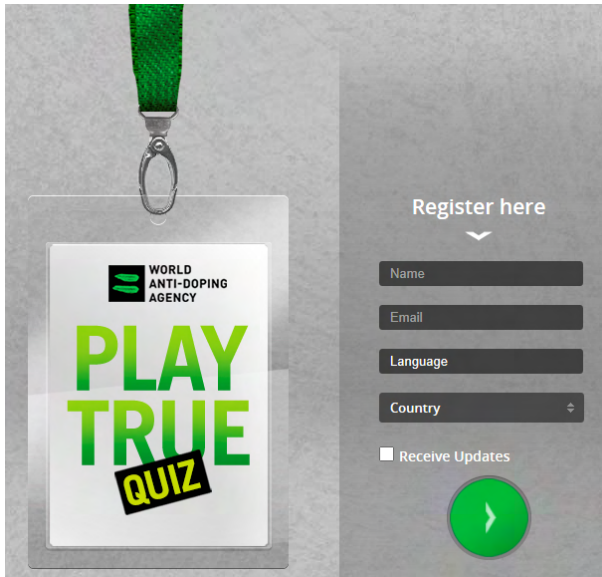
The idea is to make the message clear about the various ways that athletes can report any situation and protect clean sport.

Through the PAN-RADO YouTube channel, you can see these animated capsules. It was possible to make 2 capsules of more than 2 minutes due to the importance of really communicating everything related to complaints and not making mini capsules, since in a very short time the information can arrive incomplete.

PAN-RADO Youtube Channel: <https://www.youtube.com/@orad-pan2357/videos>



Play True Quiz:



WADA's play true quiz is an interactive computer game that tests anti-doping knowledge. It is currently available in 49 languages. PAN-RADO was using it in various multi-sport events that were held throughout the year in various member countries.

The objective of using the quiz was to have a measurable method to know how much knowledge our athletes and members of the sports ecosystem have regarding anti-doping and in what areas to reinforce in the year 2024 to improve and

increase that level of knowledge of our target audience.

Anti-Doping Education: Workshops

During 2023, the PAN-RADO work team received training on various anti-doping topics to continue preparing and informing themselves to be at the forefront of information on TUE, Prohibited List, Control Processes, International Standards, ADEL Platform, and many other important topics that we must know to be information multiplying agents.

Additionally, they trained through the Academy platform to be able to take charge of the XXIV Central American and Caribbean Games San Salvador 2023. The entire education team and control officers had to be certified and prepare to face a great challenge: leading the Games to Controls and Education level with the presence of more than 4,000 people in the Games village.

Below, we break down the talks received by ITA and WADA for the PAN-RADO Anti-Doping team:

WEBINARS RECIEVED FROM ITA OR WADA		
ORGANIZATION	TOPIC	DATE
ITA	Prohibited List	January 31
MEX - NADO / ORAD PAN	Doping Control Process and TUE for ATHLETES Transgender	February 17
PERU - VICTOR CARPIO	Update of the Prohibited List	march 9
PAN RADO	TDP	march 10
PAN RADO	Education Plan	march 14
CNAD - ARGENTINA	RTP / GRC	March 14
ITA	All you need to know	April 27
ITA	Preparation for Mayor Events	May 24
ITA	What is doping?	July 26
WADA	NEW GEN - ADAMS	August 26 -27
ITA	WHEREABOUTS GUIDE	August 29
WADA	TUE	September 28
ITA	Kit Berlinger	December 7

Workshops Support for Costa Rica, Bolivia and Paraguay:

Antidoping Workshops			
For:	PLACE	Date	Amount of participants
Delegación a Juegos Centroamericanos (Bolivia)	Virtual	21 de junio	55
Delegación a Juegos Suramericanos de Playa (Bolivia)	Virtual	5 de julio	30
Acreditación y Reacreditación de Oficiales CONAD-CR	Virtual	6 de agosto	12

Charla para médicos de la Federación Boliviana de Fútbol	Virtual	8 de agosto	20
Delegación Santiago 2023 (Bolivia)	Virtual	27 de septiembre	50
Acreditación y reacreditación de oficiales de control (Paraguay)	Virtual	12 y 13 de diciembre	50
Acreditación y reacreditación de oficiales de control (Bolivia)	Presencial	13 de diciembre	20

Workshops from NADO'S

Charlas de educación antidopaje PANAMA				
Dirigido a	Presencial	Virtual	Fecha	Cantidad de participantes
FEPAFUT		X	12 de enero	28 participantes (25 + 3)
FEPAFUT		X	19 de enero	28 participantes (25 + 3)
FEBRERO				
Federación de Karate	X		4 de febrero	40 niños y padres de familia
Federación de Powerlifting		X	4 de febrero	30 participantes
Club CAI	X		8 de febrero	28 participantes (25 + 3)
Club Deportivo Universitario		X	8 de febrero	28 participantes (25 + 3)
Club Atlético Chiriquí		X	8 de febrero	28 participantes (25 + 3)
Tauro Futbol Club	X		9 de febrero	28 participantes (25 + 3)
Club Alianza FC	X		9 de febrero	28 participantes (25 + 3)
Sporting San Miguelito	X		10 de febrero	28 participantes (25 + 3)
Club Deportivo del este	X		13 de febrero	28 participantes (25 + 3)
Club Umecit		X	14 de febrero	28 participantes (25 + 3)
MARZO				
Levantamiento de Pesas		x	15 de marzo	10 participantes + 2 Entrenadores
Rojo Kids FC	X		18 de marzo	20
Jiu Jitsu (Federacion)	x		18 de marzo	20
Club Arabe Unido	x		21 de marzo	28 participantes (25 + 3)
Instituto Panamericano de Educación física Universidad Nacional de Panamá	x		24 de marzo	30 + 4 docentes

ABRIL				
Sensibilización Universidad	x		10 de abril	30
Jueces y arbitros de boxeo		X	12 de abril	150
INBA Colombia		x	27 de abril	20
MAYO				
Futbol Playa	x		3 de mayo	
Powerlifting	x		12 de mayo	15
Federacion de futbol - convenio		x	15 de mayo	50
Paralimpicos - Junior	x		29 de mayo	50 (atletas y padres de familia)
JUNIO				
Federacion de gimnasia	x		10 de junio	30
Delegacion Panama Juegos Centroamericanos	x		13 de julio	150
Delegacion Santa Marta 2023	x		13 de julio	150
Beisbol 13 y 14 años	x		16 de junio	25 (atletas, padres de familia y entrenadores)
Charla para atletas para los Juegos centroamericanos		x	21 de junio	55 aletas
Charla para atletas version ingles		x	21 de junio	35
JULIO				
Delegacion Suramericanos de playa de bolivia Apoyo Panamá a Bolivia		x	5 de julio	30 entre atletas , entrenadores.
Thriatlon campeonato sprint	X		21 de julio	50 atletas y entrenadores
AGOSTO				
Charla Plaza Amador		x	14 de agosto	25 + 3 técnicos
Potros del Este	x		16 de agosto	25 + 3 técnicos
Alianza FC	x		16 de agosto	25 + 3 técnicos
Atletico Chiriqui		x	16 de agosto	25 + 3 técnicos
CODICADER	X		23 de agosto	30
Tauro Futbol Club	x		23 de agosto	25 + 3 técnicos

U18 Beisbol	x		25 de agosto	20
UMECIT FC		X	28 de agosto	25 + 3 técnicos
San Francisco FC		X	30 de agosto	25 + 3 técnicos
SEPTIEMBRE				
Club Universitarios		x	6 de septiembre	25 + 3 técnicos
Sporting San Miguelito	x		7 de septiembre	25 + 3 técnicos
Bowling league	x		25 de septiembre	40
OCTUBRE				
Powerlifting	x		7 de octubre	15
Charla CAI	x		11 de octubre	25 + 3 técnicos
NOVIEMBRE				
Delegacion Panama Parolimpicos Santiago 2023	x		11 de noviembre	23
Abanderamiento	x		19 de noviembre	50

Charlas Educativas		
BOLIVIA		
Dirigida a	Fecha	Cantidad de participantes
Delegación para Juegos Centroamericanos	21 de junio	55
Delegación Juegos Suramericanos de Playa	5 de julio de 2023	30
Charla para médicos de la federación Boliviana de Fútbol	8 de agosto de 2023	20
Delegación para Santiago 2023	27 de septiembre de 2023	50
Foro de Atletas	12 de diciembre de 2023	50
Acreditación y reacreditación de oficiales de control	13 de diciembre de 2023	20

Guatemala			
FECHA	GRUPO DESTINATARIO	OBJETIVO	CANTIDAD PARTICIPANTES

30/05/2023	ATLETAS Y ENTRENADORES TALENTO DEPORTIVO	Actualizar los conocimientos básicos para la prevención del dopaje e informar sobre los derechos y responsabilidades del atleta en el proceso de controles.	510
1/06/2023	ATLETAS Y ENTRENADORES RENDIMIENTO ALTO	Dar a conocer las generalidades del antidopaje y los pasos del proceso de control de dopaje.	212
17/08/2023	PERSONAL DE APOYO AL DEPORTISTA: Técnicos Deportivos	Enfatizar la importancia de la prevención del dopaje, sus riesgos y consecuencias por el uso de medicamentos y suplementos no recetados.	119
	PERSONAL DE APOYO AL DEPORTISTA: Personal Médico		16
6/06/2023	ASOCIACION NACIONAL DE NAVEGACION A VELA	Suministrar información a los dirigentes y personal de las federaciones respecto al tema antidopaje para prevenir el dopaje accidental o inadvertido en los atletas.	11
15/07/2023	DIRIGENTES Y ENTRENADORES DE FISICOCULTURISMO	Enfatizar la relación del juego limpio y los valores en el deporte. Informar los riesgos de las drogas sociales.	31
22/03/2023	DEPORTE ESCOLAR	Dar a conocer los riesgos de la automedicación y del consumo de suplementos nutricionales sin una evaluación médica adecuada.	60
JUNIO-DICIEMB	CLUBES DEPORTIVOS DE FUTBOL	Brindar estrategias didácticas activas para enseñar los valores del respeto, la equidad y la inclusión a niños de 8 a 12 años.	352
28/07/2022	MAESTROS DE EDUCACIÓN FÍSICA	Transmitir información básica sobre el dopaje: Definición, lista de sustancias prohibidas, efectos en la salud, autorizaciones de uso terapéutico.	81
8/05/2023 al 21/0	ATLETAS ALTO RENDIMIENTO	Dar a conocer y utilizar las herramientas electrónicas (páginas Web) para chequeo de medicamentos libres de sustancias prohibidas en el deporte	106
12/07/2023	ATLETAS ALTO RENDIMIENTO		60

Nicaragua		
Cant.	Deporte	Fecha
5	Ajedrez	Viernes 19 de Mayo
3	Atletismo	
5	Canotaje	
4	Ciclismo	
3	Karate-do	
3	Tenis de mesa	
10	Lucha	
11	Levantamiento de pesas	

18	Boxeo	Jueves 25 de mayo
7	Fisicoculturismo	
7	Judo	
14	Remo	Viernes 26 de mayo
10	Taekwondo	
6	Tiro	
2	Triatlón	
11	Baloncesto	Jueves 1 de junio
3	Surf	
13	Natación	
6	Voleibol Playa	
31	Béisbol	Viernes 2 de junio
33	Balonmano	

Charlas Educativas		
Honduras		
Dirigida a	Fecha	Cantidad de participantes
Delegación a Juegos CCSports	13 de junio de 2023	82
Seminario Mujer y deporte	8 y 9 de junio de 2023	43
Delegación a Juegos Panamericanos	23 de septiembre de 2023	38

El Salvador		
Fecha	Grupo destinatario	Cantidad de participantes
02/05/23	Oficiales de control de dopaje	11 participantes
10/13/23	Deportistas de las delegaciones olímpicas y paralímpicas que participarán en Santiago 2023.	98 deportistas

12/14/23	Deportistas de la delegación olímpica	83 deportistas
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PARAGUAY			
EL FENOMENO DEL DOPAJE (SEMINARIOS)			
10-03-23	GRC	1	10 pers
22-08-23	Deportistas de Alto Rendimiento 1°. De Futbol Femenino del Club Olimpia	1	48 pers
17-10-23	Deportistas en Proyección / Centro Educativo Hernán G Meiner	1	45 pers
18-10-23	Deportistas Suspendidos	1	15 pers
26-04-23	Deportistas de iniciación Colegio Miguel Ángel Torales y la Liga Ypanense de Futbol	1	200 pers.
HABLEMOS SOBRE DOPAJE DEPORTIVO (SEMINARIO / WEBINARIO)			
30-05-23	Personal de Apoyo, autoridades deportivas y gubernamentales (Ciudad del Este)	1	87 pers
22-07-23	Deportistas amateurs, estudiantes deportistas recreativos, Medios de comunicación, administradores y Gestores deportivos, patrocinadores comerciales (Coronel Oviedo)	1	70 pers

DOPAJE EN EL DEPORTE CONFERENCIA MAGISTRAL (SEMINARIO)		
Maestría derecho deportivo / Instituto Internacional de Gestión Deportiva / Proceso de control de Dopaje	1	25 pers
Maestría derecho deportivo / Instituto Internacional de Gestión Deportiva / Legislación Antidopaje e Infracciones a las normas antidopaje	1	25 pers
Entrenadores de Futbol del Paraguay / Dopaje en el Deporte	1	27 pers
Deportistas Clasificados a los Juegos Panamericanos Santiago 2023 / Paraderos y Sistema Adams	1	77 pers
Estudiantes de Nivel terciario, Estudiantes de Tecnicaturas deportivas y profesorados. Escuela Nacional de Educación Física (ENEF)	2	68 pers.
CURSOS FORMATIVOS CAPACITACION A FUNCIONARIOS, PANELES y OCDS		
Seminario Educación	1	2 pers

Seminario Legal	1	3 pers
Acreditación y Recreditación de Oficiales de Control de dopaje	1	?

PERU								
Mes	Día	Sesión educativa	Deporte	Deportista	Entrenador	Personal Médico	Otros:	TOTAL
Enero	5	Programa mundial - 1 y 2	Fútbol	13	3	1	5	22
	20	Programa mundial - 1 Valores y hábitos saludables	Fútbol	14		3	3	20
	25	Programa mundial - 1	MultiSport	189	5		8	202
	9	Programa mundial - 1 y 2	Balonmano	135				135
	16	Valores y hábitos saludables	Gimnasia	25				25
Febrero	16	Programa mundial - 2	Fútbol			21		21
	18	Programa mundial - 1	Patinaje	57				57
	21	Programa mundial - 1	Judo	16	1			17
	23	Programa mundial - 1	Fútbol	22	2	4	9	37
	7	Programa mundial - 1 y 2	Patinaje	18				18
	16	Valores y hábitos saludables	Lev. Pesas	36				36
	24	Paradero y GRC	Lev. Pesas	20	4			24
Marzo	24/25	Programa mundial - 1 y 2	Balonmano	13		1		14
	27	Programa mundial - 1 y 2	Esgrima	16	1		1	18
	31	Programa mundial - 1	Fútbol	35	1		1	37
	31	Programa mundial - 1	MultiSport	13		1	1	15
Abril	6	Programa mundial - 1	Fútbol	20	3	2	2	27
	19	Programa mundial - 1 y 2	Esgrima	11		2	1	14
	20	Valores y hábitos saludables	Lev. Pesas	20				20
	25	Programa mundial - 1 y 2	Patinaje	8				8
	2	Programa mundial - 1	Fútbol	27	3	3	5	38
	3	Programa mundial - 1 y 2	Lev. Pesas	14	6			20
Mayo	20/21	Acreditación OCD	ONAD Perú/Ecuador				30	30
	20/21	Acreditación OCD	OCD ponentes				8	8
	26	Uso de plataforma ADeL	ONAD Perú/Ecuador				31	31
	6	Programa mundial - 1	Fisicoculturismo	130				130
Junio	12	Valores y hábitos saludables	Lev. Pesas	26				26
	19	Programa mundial - 1	Tabla	11				11
	3/5	Programa mundial - 1 y 2	MultiSport	20	3			23
	12	Programa mundial - 1	Fútbol	27	2	2	5	36
Julio	17	Programa mundial - 1 y 2	Lev. Pesas	4				4
	17	Programa mundial - 1	MultiSport	18	5		3	26

	19	Programa mundial - I	Fútbol	27	8	4	18	57
	20	Programa mundial - I	MultiSport	22				22
	2	Programa mundial - I	Judo	6	1			7
	10	Programa mundial - I y 2	MMA	36				36
	12/13	Valores y hábitos saludables	MMA	30				30
	19	Programa mundial - I y 2	Natación	41				41
Agosto	23/24	Programa mundial - I y 2	PDA			20	7	27
	29	Programa mundial - I	MultiSport	9				9
	29	Programa mundial - I	Lucha	7				7
	29	Valores y hábitos saludables	PDA			50		50
	31	Programa mundial - I	Fútbol	19		5	10	34
	4	Programa mundial - I	Fútbol	14	1	2		17
	6	Programa mundial - I	Softball	10				10
	12	Programa mundial - I	Escalada	2			1	3
	14	Valores y hábitos saludables	Lev. Pesas	16				16
Setiembre	18	Programa mundial - I	Badminton	17	1			18
	18	Programa mundial - I	Voley	11		1		12
	21	Programa mundial - 2	Softball	13				13
	21	Programa mundial - I	Fútbol	19	4	5	17	45
	23	Programa mundial - 2	Voley	10				10
Octubre	4	Valores y hábitos saludables Programa mundial - I Programa mundial - I Programa mundial - I y 2	Lev. Pesas			18		18
	9			12	2		14	
	16		Vela	20	1	4	15	40
	17		Fútbol Lev. Potencia	85	3		2	90
Noviembre	7	Programa mundial - I Programa mundial - I y 2 Programa mundial - I Acreditación Escoltas - Perú	MultiSport	79	10	2	9	100
	7			19		1	21	
	9			12			11	12
	19		Balonmano ONAD Peru					11
	4	Valores y hábitos saludables	Lev. Pesas				27	27
	6	Programa mundial - I	Fútbol	11		2		13
Diciembre	8	Programa mundial - I Plataforma Adel	Deportes Subacuáticos	18	1		2	21
	8		Tabla	1				1
	15	Programa mundial - 2	Deportes Subacuáticos	9			1	10
	18	Tramadol	ONAD Perú/Ecuador				20	20

PUERTO RICO			
FECHA	POBLACIÓN	IMPACTO	ORGANIZACIÓN
10-Feb	Directivos Federativos	27	COPUR
14-Mar	Atletas universitarios	31	American University
24-Mar	Atletas, administrativos y entrenadores	90	Universidad Ana G. Méndez
28-Mar	Atletas Alto Rendimiento	18	COPUR
31-Mar	Atletas, administrativos y entrenadores	30	ECEDAO
13-Abr	Administrativos (apoderados)	20	BSN
13-Abr	Administrativos, Apoderados y Gerenciales	14	Federación Béisbol
16-Abr	Atletas juveniles	24	FAPUR
6-May	Terapeutas atléticos	22	AETA
12-May	Administrativos/Apoderados	19	Federación Puertorriqueña de Fútbol
10-Jun	Terapeutas Atléticos San Salvador	17	COPUR
3-Jun	Delegación JCC	100	COPUR
12-Ago	Charla Entrenadores	24	Universidad Interamericana de P.R.
5-Sep	Personal de Apoyo al Deportista LAI	27	Liga Atlética Interuniversitaria
15-Sep	Atletas LAI	159	Universidad Sagrado Corazón
19-Sep	Atletas LAI	86	Universidad Central de Bayamón
22-Sep	Entrenadores	20	Federación de Judo
26-Sep	Atletas LAI y PAD	129	Universidad de PR-Recinto Carolina
28-Sep	Atletas miembros comisión	39	Comisión Atletas Alto Rendimiento
30-Sep	Atletas LAI	307	Universidad Interamericana de P.R.
7-Oct	Atletas y PAD Selección Paralímpica de P.R.	8	Comité Paralímpico de P.R.
12-14 Oct	Administrativos Asistentes a Convención DRD	20	Departamento de Recreación y Deportes
24-Oct	Maestros de EDFI asistentes a Convención Annual	50	Asociación de Educación Física y Recreación de PR
13-Nov	Miembros LAI	3	Liga Atlética Interuniversitaria
9-Dic	Personal Médico	25	Federación de Medicina Deportiva de P.R.
14-Dic	Atletas y Personal Administrativo	21	Gigantes de Carolina-Liga de Baseball AA



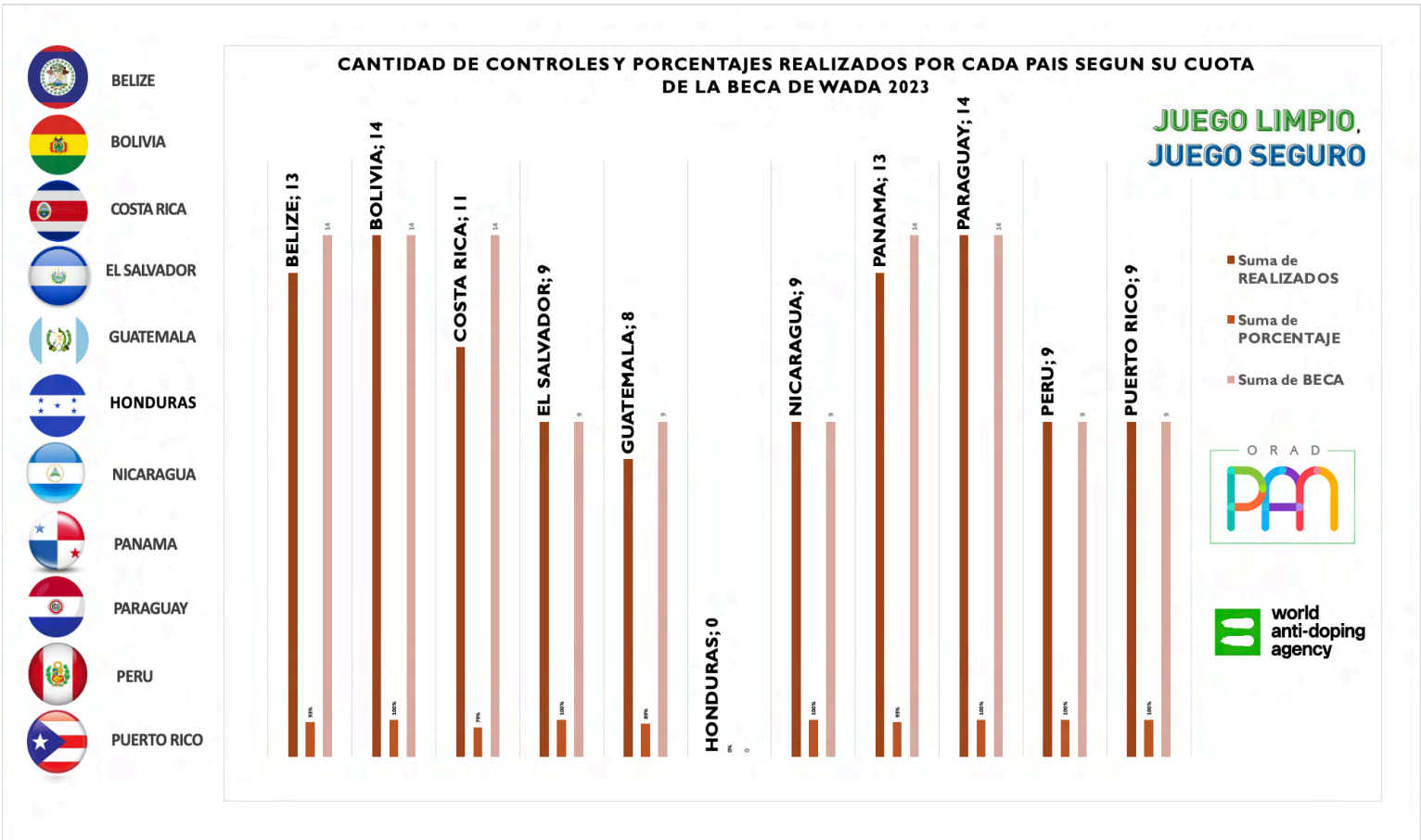
COSTA RICA			
FECHA	GRUPO DESTINATARIO	CANTIDAD PARTICIPANTES	TEMA
18 enero	Atletas y personal técnico participante en la edición XL de los Juegos Deportivos Nacionales 2022-2023	314	Charlas de sensibilización y educación antidopaje sobre temas de generalidades del dopaje, asesoría en búsqueda de App de sustancias prohibidas en el deporte, solicitudes de AUT entre otros.
20 de enero	Atletas de la Selección Femenina de Fútbol Sala	17	Charla Educativa antidopaje sobre el Proceso de Control de Dopaje
11 de febrero	Capacitación dirigida a Entrenadores de la Federación Judo	35	Charla Educativa e informativa Antidopaje en programa de Licencia de Entrenadores de JUDO 2023
18 de febrero	Capacitación dirigida a Entrenadores de Judo	45	Charla Educativa e informativa Antidopaje en programa de Licencia de Entrenadores de JUDO 2023
21 de abril	Deportistas y personal de apoyo de Comité Cantonal de Deportes CODEA	70	Charla Educativa Antidopaje.
10 de abril	Deportista Equipo Masculino y Femenino de Rugby	150	Actividad de Sensibilización Antidopaje en conmemoración del Día del Juego Limpio en el Deporte
25 de abril	Deportistas de fútbol primera División SPORTING FC	60	Charla Generalidades del Dopaje Atención de consultas técnicas antidopaje de deportistas y personal de apoyo

10 de mayo	Deportistas participantes en Juegos Deportivos Centroamericanos y del Caribe de El Salvador	360	Charla Educativa Antidopaje Generalidades del Dopaje,
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25 mayo	Atletas y entrenadores de SAMBO	23	Charla Educativa sobre el Proceso de Control de Dopaje
24 de junio	Deportistas de la disciplina de Powerlifting	30	Charla informativa Antidopaje, Sustancias prohibidas
04 de julio	Deportistas de la Selección Nacional de Fútbol Femenino y cuerpo técnico	25	Charla Generalidades del Dopaje Uso de Sustancias Prohibidas Procedimientos generales de las consecuencias legales del dopaje.
25 julio	Médicos Generales y profesionales de Terapia Física	20	Actualización en Temas de Dopaje, Sustancias Prohibidas, suplementos
03 agosto	Pilotos y Copilotos y mecánicos de la Federación de Motores de Costa Rica	30	Charlas sobre Generalidades del Dopaje Consecuencias legales del Dopaje
28 de julio	Oficiales de Control de Dopaje	08	Curso de Recreditación de Oficiales de Control de Dopaje, Coordinado por CONAD-CR e impartido por ORAD-PAN
24 de agosto	Personal técnico y administrativo del Comité Cantonal de Deportes de Belén	15	Charlas sobre Generalidades del Deporte Consecuencias legales del Dopaje
Agosto 2023	Personal médico, profesionales en deporte y recreación, público en general	Asistentes al evento organizado por la CCSS	Participación en actividades de sensibilización e información en la Feria de la Salud organizada por la Caja Costarricense del Seguro Social. (CCSS)
28 de setiembre	Estudiantes de la Carrera de Nutrición de la UCIMED (Universidad de Ciencias Médicas)	18	Charlas sobre Generales del Dopaje

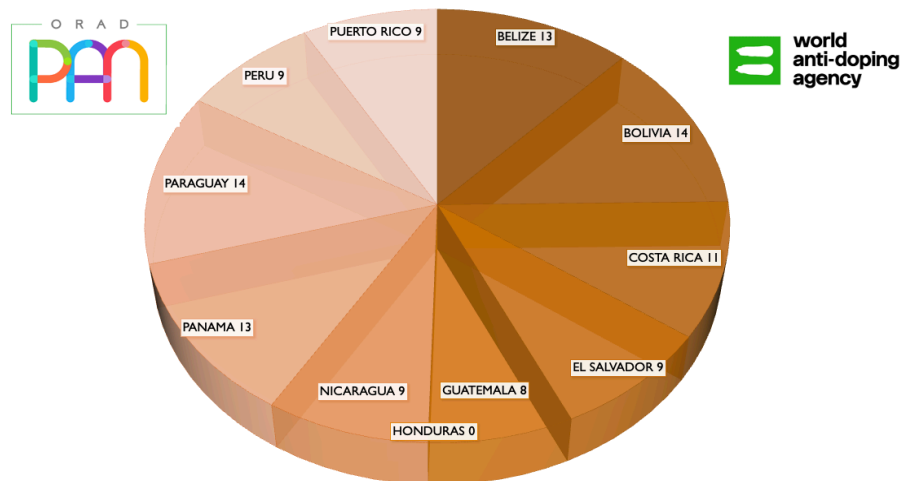
11 noviembre	Oficiales de Control de Dopaje	13	Curso para acreditación de Oficiales de Control Dopaje, coordinado por la CONAD-CR
19 octubre	Personal Técnico y Entrenadores del Comité Cantonal de Deportes de Desamparados	40	Charla Educativa Antidopaje, sobre el proceso de control de Dopaje
13 noviembre	Cuerpo médico y personal técnico y de apoyo del deporte de fútbol	40	Charla educativa sobre Generalidades del Dopaje, Lista de Prohibiciones, uso de Global Dro, procedimientos de solicitudes de Autorización de Uso Terapéutico.
10-11 diciembre	Representantes de Comités Cantones de Deporte y Recreación y Federaciones deportivas	70	Participación de la CONAD-CR en el XII Congreso Nacional del Deporte y la Recreación
14 diciembre	Profesionales en Derecho del ICODER, Tribunal de Primera y Segunda Instancia, y profesionales en Derecho de Federaciones y Asociaciones	30	Seminario-Taller Legal Antidopaje. Temas:

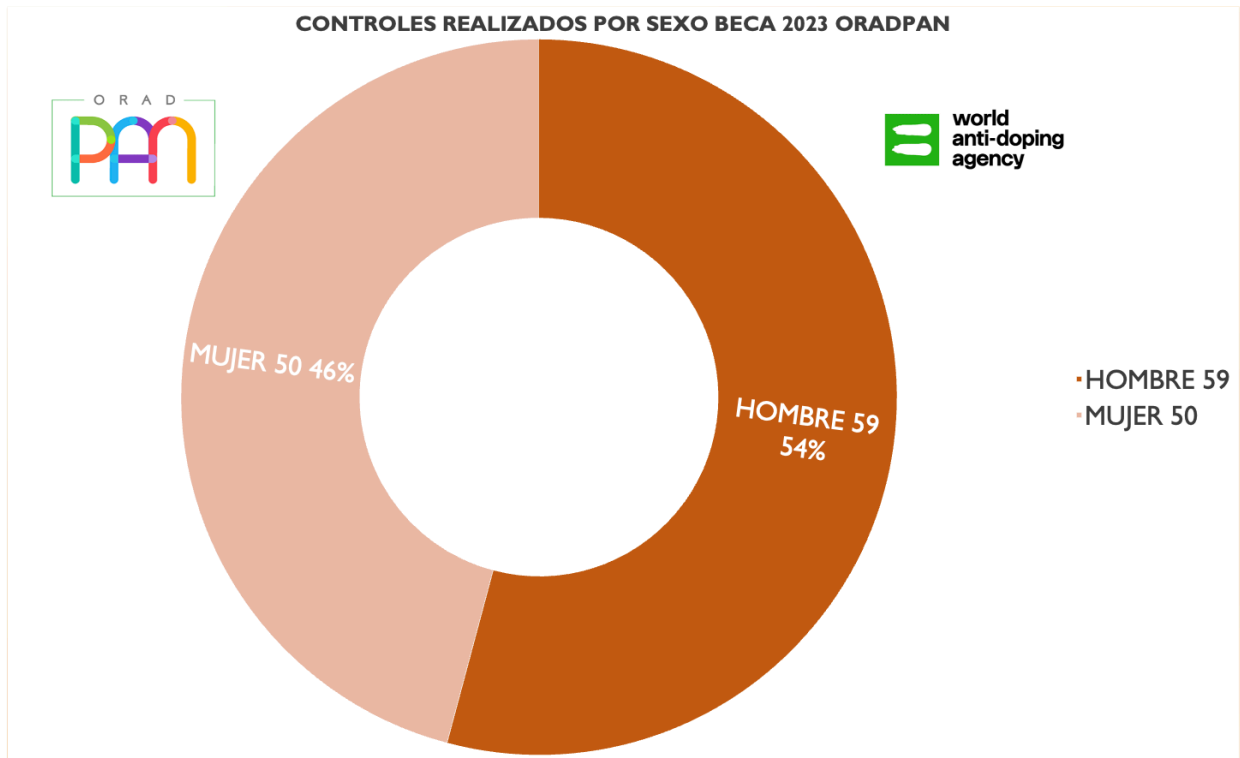
TESTING DEPARTMENT



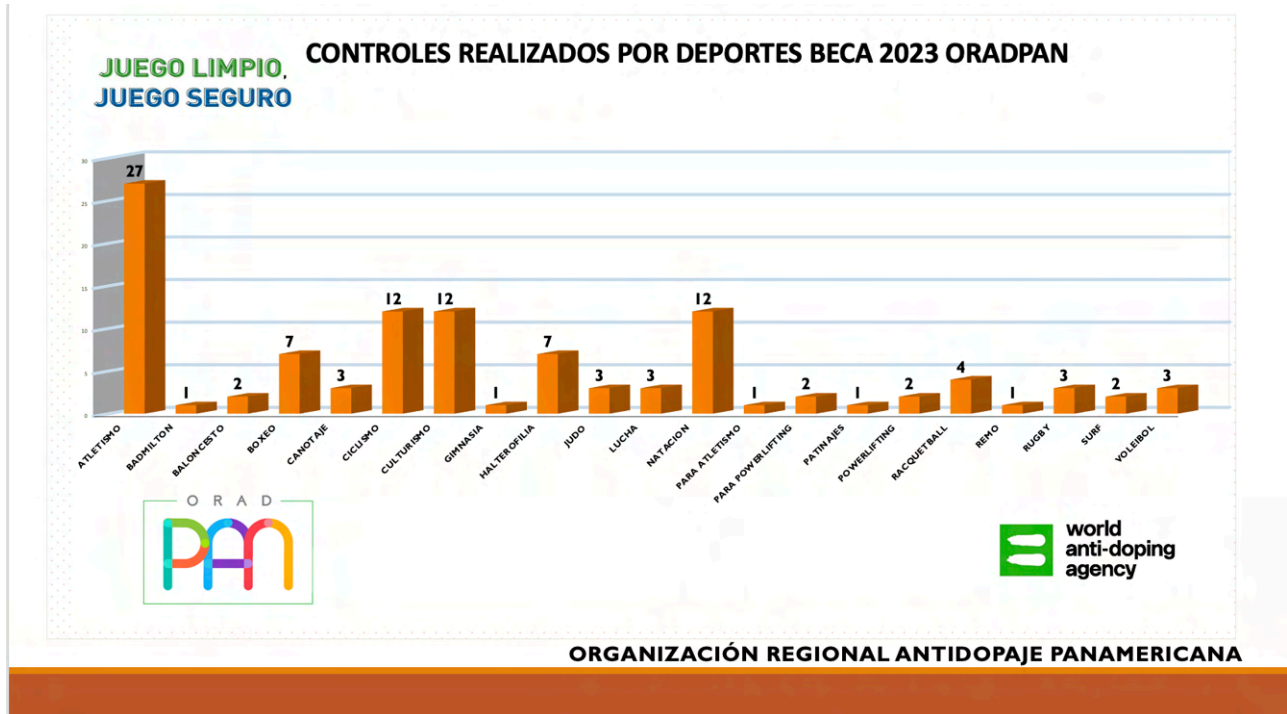
CONTROLES ORADPAN REALIZADOS POR PAIS PROGRAMA DE BECAS WADA 2023

Graph 1 and 2:
Shows the number of controls and percentages carried out by each country according to WADA 2023 Grant.

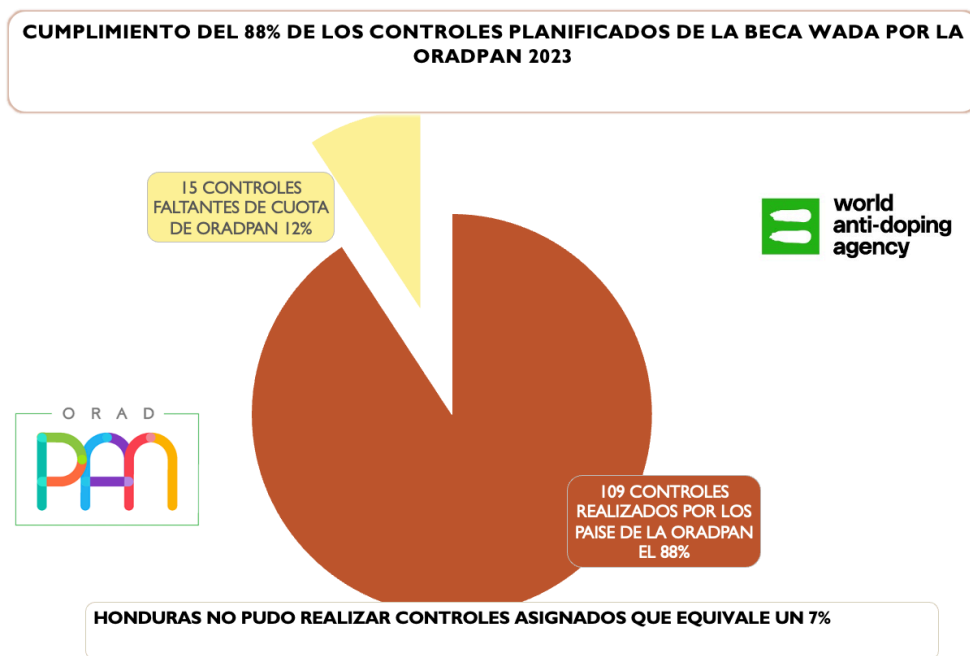




Graph 3: Controls carried out by sex according to the 2023 scholarship. A total of 46% of samples carried out on women (50) and 54% carried out on men (59).



Graph 4: Controls carried out by sport. Highlighting athletics, Swimming, Cycling and Bodybuilding as the sports in which the greatest number of samples were carried out.



Graph 5: Shows 88% compliance with the planned controls for the 2023 scholarship. A total of 109 controls carried out by the ORAD-PAN countries.

RESULTS MANAGEMENT

COUNTRY	SPORT	SUBSTANCE
Belice	Cycling	THC
Belice	Rowing	Clomifeno
Honduras	Volleyball	Clostebol

The PAN-RADO carried out 3 Result Management processes for Adverse Analytical Results in three different sports: Cycling, Rowing and Volleyball. All processes were carried out in accordance with the International Results Management Standard.

THERAPEUTIC USE EXEMPTION (TUE)

The management of requests for Authorizations for Therapeutic Use Exemption (TUE) is carried out in athletes who, for health reasons, require the use of any substance(s) contemplated within the international standard “List of Prohibited Substances” issued by the World Anti-Doping Agency. (WADA-AMA). All requests received were attended to in compliance with the guidelines established by the World Anti-Doping Agency and the International Standard for Authorization of Therapeutic Use Exemption.

Advice was given to all member countries on the management of TUE. Likewise, guidance was provided to all athletes and members of the multidisciplinary group who needed to know the regulations of the Authorizations for Therapeutic Use by Exemption, internationally and in preparation for large events.

COUNTRY	SPORT	SUBSTANCE
Perú	Swimming	Letrozole
Perú	Ciclyng	Hidroclorotiazida
El Salvador	Chess	Hidroclorotiazida
Belice	Rowing	Clomifeno
Perú	Rowing	Metilfenidato
Bolivia	Football	Dexametasona
El Salvador	Weightlifting	Hidroclorotiazida

RELATIONSHIPS AND STRENGTHENING OF NADO’s

With the objective of supporting the development and compliance of the NADO Code, provoking and managing interaction, training and exchange of knowledge with national and international organizations, the following activities were carried out:

- Multiple publications have been made on doping and fair play issues on social networks and dissemination of information on the website.



- Our new Latin American Academy was disseminated to offer anti-doping courses to the entire sports community.
- Members and potential members of the TUE panel from each country have received communications from the PAN-RADO.
- Constant communication has been maintained with all countries in the region.
- The satisfaction (quality) questionnaire was applied to all member countries of the PAN-RADO.
- A mechanism for monitoring complaints has been implemented, which is available to each of the NADOs.
- A meeting of all the RADOs in their advisory boards was held, one held in San Juan, Puerto Rico and the second held in Panama to present the report of the XXIV Central American and Caribbean Games San Salvador 2023.
- New questionnaires were created for NADOs to collect information on the Accreditations and Reaccreditations of officials and chaperones for doping control processes.
- We were able to collaborate with various accreditations and reaccreditations in Bolivia, Paraguay and Costa Rica to strengthen the Controls department of the NADOs.
- A new questionnaire on blood viability was created for blood control processes.
- A research study was carried out during the XXIV Central American and Caribbean Games to understand in depth how much knowledge our athletes have about TUEs, complaints, the General Anti-Doping System and Controls.

NATIONAL AND INTERNATIONAL COOPERATION



The Ibero-American Anti-Doping Network (RILD) and the National Anti-Doping Organization of Panama (ONAD-PAN) will carry out the Ibero-American Meeting for the review, analysis and proposal for improvement to the World Anti-Doping Code and International Standards from 02 to 06 October 2023 with the presence of the Directors and members that make up the Ibero-American Network to Fight Doping (RILD). On the opening day of the meeting, we were accompanied by the Director of Pandeportes, Mr. Luis Denis Arce, to whom we thank him for all the support he provides to the region in the Anti-Doping movement.

PAN-RADO Collaborations:

- With the Organizing Committee of the Central American and Caribbean Games San Salvador 2023
- Organizing Committee of the Santiago 2023 Pan American Games

XXIV Central American and Caribbean Games San Salvador 2023

General objective

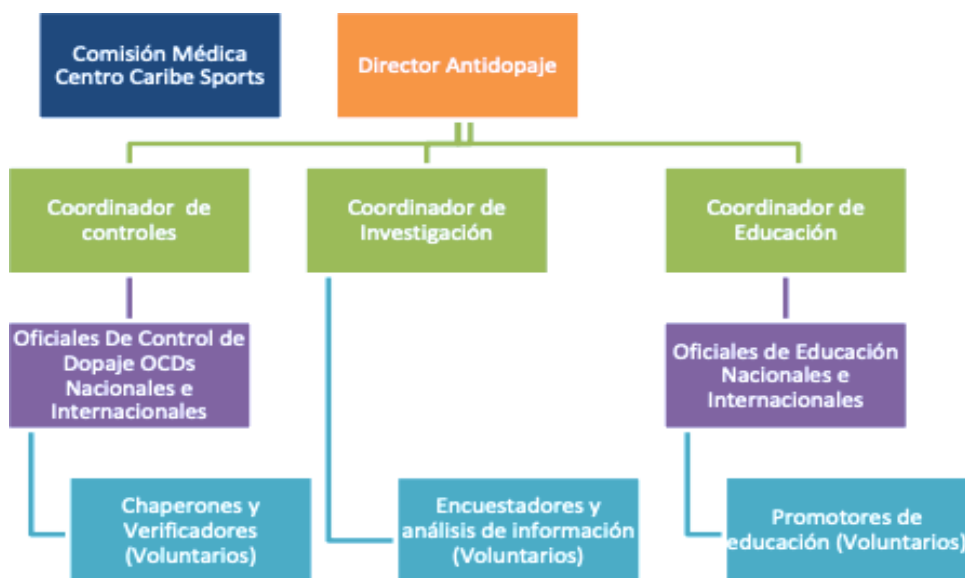
Ensure the implementation of an effective anti-doping program, which detects the use of prohibited substances and methods before and during the Games.



Specific objectives

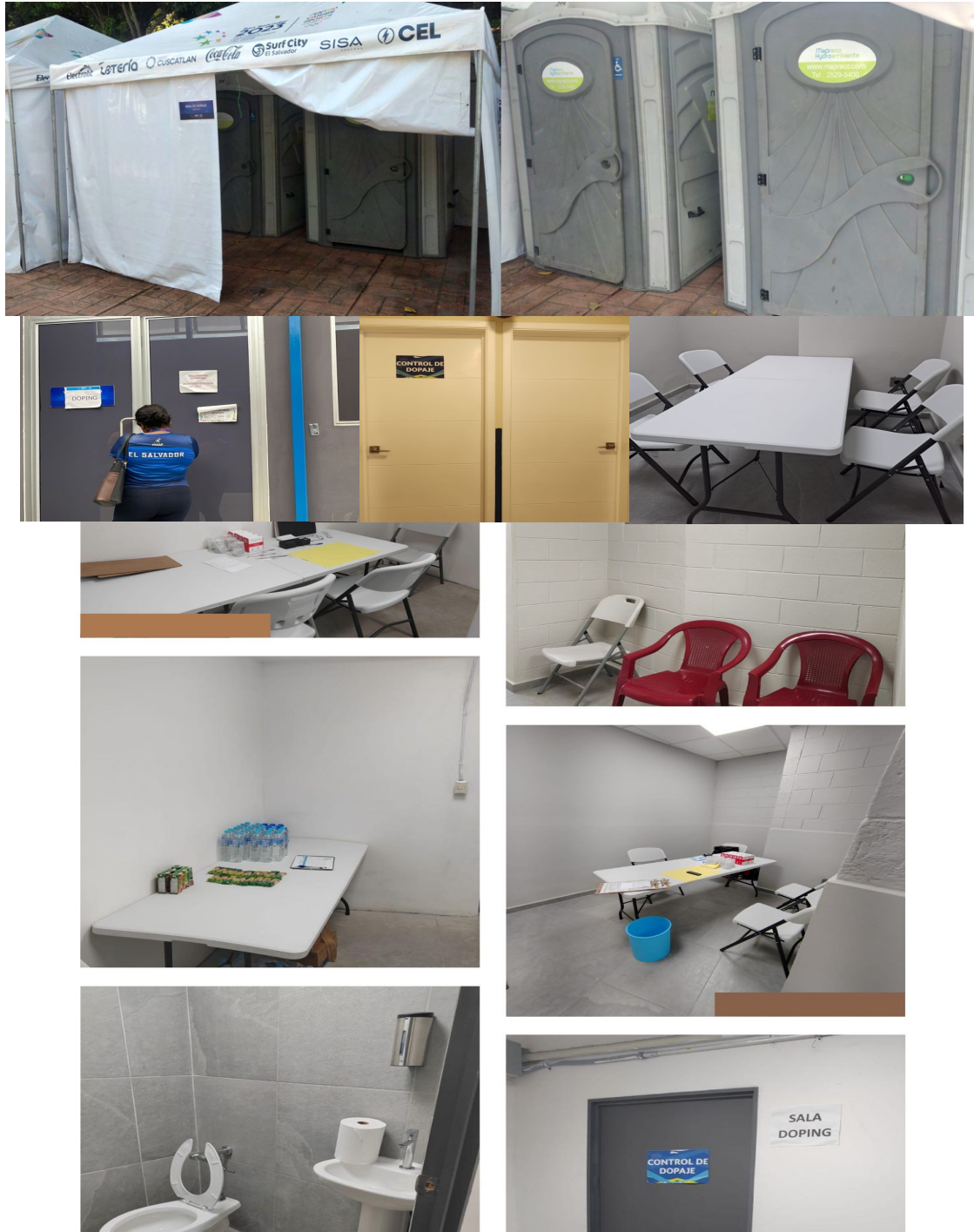
- Ensure the effective coordination and implementation of control distribution plans, guaranteeing intelligent and proportionate controls in non-competition and in-competition modalities following the provisions of the International Standard for Controls and Investigations.
- Propose and supervise the adequate design and structure of the Doping Control Stations that provide the athlete with adequate security to provide their sample.
- Ensure effective coordination for the shipment and analysis of samples, protecting their integrity based on the international standard for controls and investigations.
- Coordinate with other anti-doping organizations, with the objective of collecting intelligence information that serves as a basis for the development of an efficient risk analysis and Control Distribution Plan.
- Coordinate with WADA-AMA anti-doping research, education and control activities in compliance with the World Anti-Doping Code and International Standards.
- Ensure adequate coordination with the Centro Caribe Sports Medical Commission for the granting of TUEs, Results Management, Decision Making and appeals in accordance with the World Anti-Doping Code and its guidelines.

Organization:



Doping Control Stations:

The doping control stations had to have hydration supplies for athletes, signage, educational material for athletes and representatives, a waiting room and sample collection room in each of the sports centers and in the main station. of the village.

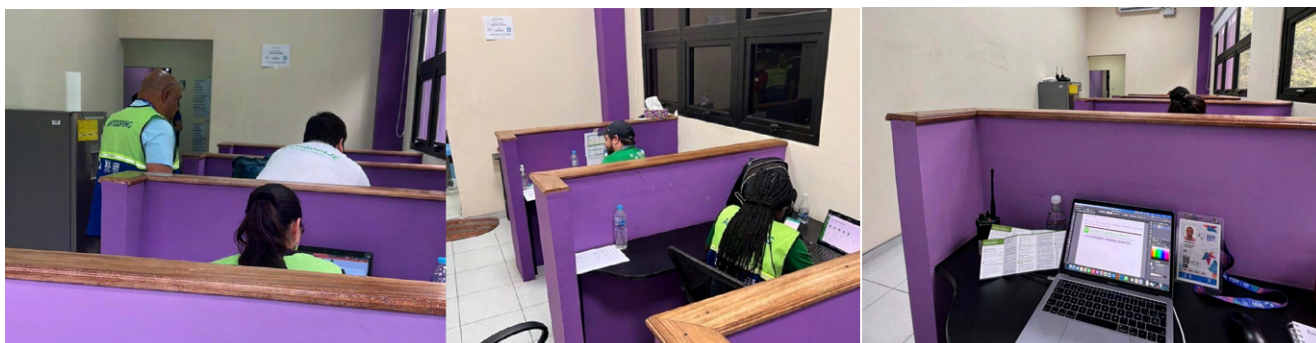


The Central Anti-Doping Office had the following characteristics:

High security level: Only those accredited by the Anti-Doping area will enter.

Access: Access to this area was only allowed for the corresponding personnel and anti-doping coordinators.

Video Surveillance: To ensure the protection of equipment and supplies.



Sample Collection Guide for San Salvador 2023

The Anti-Doping Program developed by the Pan American Regional Anti-Doping Organization (PAN-RADO), under the authority of Centro Caribe Sports for the XXIV Central American and Caribbean Sports Games, San Salvador 2023, was carried out in compliance with the World Anti-Doping Code and International Standards mandatory for Anti-Doping Program.

All doping control procedures were implemented in accordance with the International Standard for Testing and Investigations (EICI-2023) of the World Anti-Doping Agency (WADA).

OBJETIVES

- Maintain the integrity, security, and identity of the collected samples, from notification to the athlete for control to sending the samples to the laboratory for analysis.
- Respect the Athlete's Rights throughout the sample collection process.
- Inform participants about the anti-doping program and how it will be carried out during the Games.
- Verify that the samples comply with the required quality and quantity, and in accordance with the Standard.

The process of collecting urine and blood samples included the following steps:

- Mission planning.
- Provision of OCD/OCDS/Chaperones.
- Provision of necessary material and equipment.
- Conditioning of Doping Control Stations. Athlete notification.
- Sample collection and sealing.
- Transport and collection of samples.
- Document management in collection center.
- Sending the samples to the laboratory.

MEAL Project

The Major Event Anti-doping Legacy (M.E.A.L) project capitalizes on the opportunities provided by these Games and supports Anti-Doping Organizations in the development and implementation of capacity building activities based on identified needs and objectives.

The M.E.A.L project contributes to a greater impact, by improving local and regional capacity both at the level of NADOs and MEOs (Major Event Organizations). In addition, it contributes to generating a positive perception of WADA by placing more emphasis on program development (facilitator) than on compliance control (regulator).

The M.E.A.L project is aligned with the Anti-Doping Program Development Strategy as it contributes to developing the capacity of Anti-Doping Organizations.

Management for the election of the Anti-Doping Staff

In the month of February, requests are sent to the 18 corresponding ADOs to request anti-doping personnel who would be part of the team of coordinators, DCOs and education officers for the games. Each ADO was responsible for covering the air and land tickets of each of its representatives and the Organizing Committee was responsible for the food, transfers and lodging of the team.



After the requests, the controls and education coordinators for the Games were designated. Likewise, the DCOs, as well as the Staff of Education Officers, who would oversee carrying out all the awareness raising for athletes both in sports centers and in the main town of the Games.

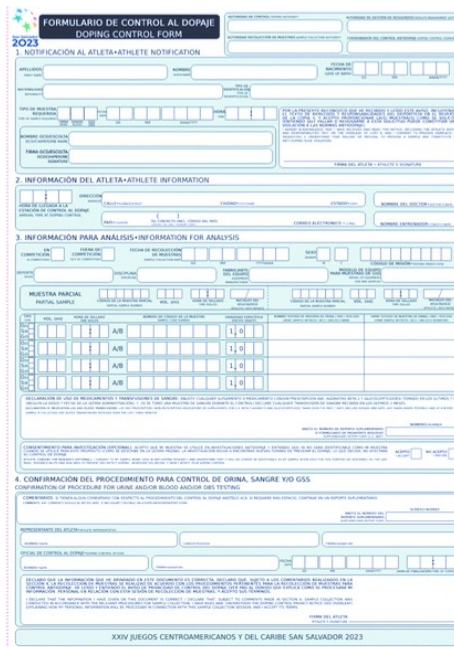
Each member of the anti-doping staff always had their accreditation visible for access allowed within the village, as well as their clothing to be identified as anti-doping staff.

The PAN-RADO coordinators proceeded with training all local volunteers for support both in controls and in the educational part during the Games period. It had the support of 40 local volunteers.



These volunteers acted as chaperones for the athlete notification process, always accompanied by an DCO, and supported the educational program in developing the completion of the research survey for the athletes.

Management for the purchase of equipment and supplies for taking test.

The purchase of specialized equipment for the safekeeping of samples for doping detection purposes was carried out, in compliance with the requirements of the WADA-AMA for the testing that would be carried out both In competition and Out of competition, adding all the material necessary to carry out the sampling.

Educational Program General Objective

The objective of the Educational Program focused on raising awareness and providing anti-doping information to all athletes and multidisciplinary teams, as well as the sports community in general who attended the Games.



Likewise, it sought to preserve respect, health, honor, dedication, and hard work through an education based on values, accessible to the entire sports community of the Games.

The WADA-AMA Code 2021 specifies that such education should pay special attention to prevention, be based on values, provide information, knowledge and address athletes and support personnel, “focusing particularly on young people” and on the implementation of prevention programs.

Specific Objectives:

- Plan, execute, monitor, and evaluate anti-doping and values-based education educational activities, considering the particularities and needs of each target group identified within the Games.
- Design, plan, execute, monitor, and evaluate activities and/or awareness campaigns and provision of anti-doping information considering the sporting, cultural and linguistic characteristics of each identified target group.

First trimester (January – march): awareness campaigns

It was possible to generate a community with followers where interaction was mainly achieved. This caused greater integration between the organization and the sports community.

Tools like Instagram and Facebook allowed us to share relevant content about the anti-doping world. It made it easier for us to educate athletes and support staff on anti-doping issues.

Social media information:

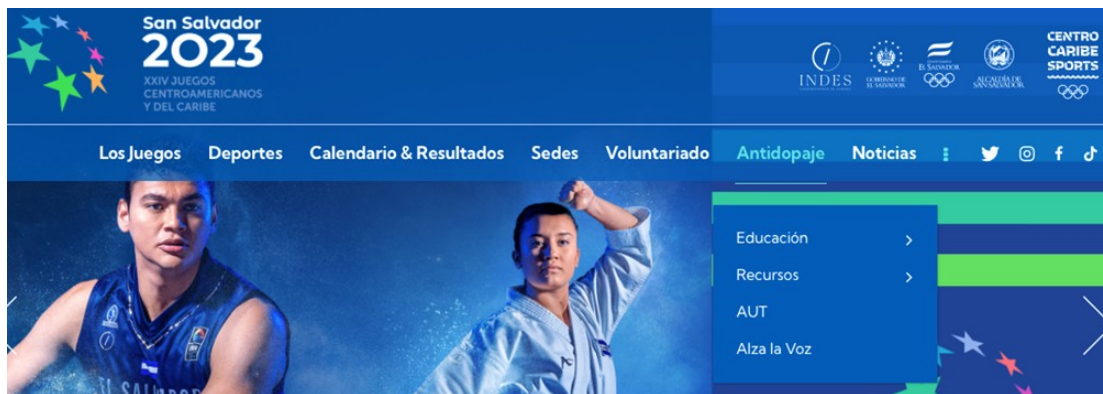
- Through the social networks of Instagram, Facebook and Twitter, the event could be promoted: The XXIV Central American and Caribbean Games, informing on the various topics to be mentioned:
- Calendar Ads
- Countdown

- Relevant data from the History of the Games
- Organizations involved and organizing committee.
- Participating countries
- Sports modalities and venues of the Games

These topics will allow the audience (athletes, support staff, doctors, coaches, parents and fans) to be up to date with the information and be able to follow the games, creating campaigns of expectation.

As ADO’s we communicate about:

- 2023 Prohibited List: updates, Substance and Prohibited Methods.
- Anti-Doping Rule Violations
- Therapeutic Use Exemptions (TUE’s)
- Sanctions of substances appear on the Prohibited List
- Use of supplements and substances, and the consequences in athletes’ health.
- Website www.sansalvador2023.com with the Anti-Doping section.



Second bimester (April – may): Workshops with all teams delegations.

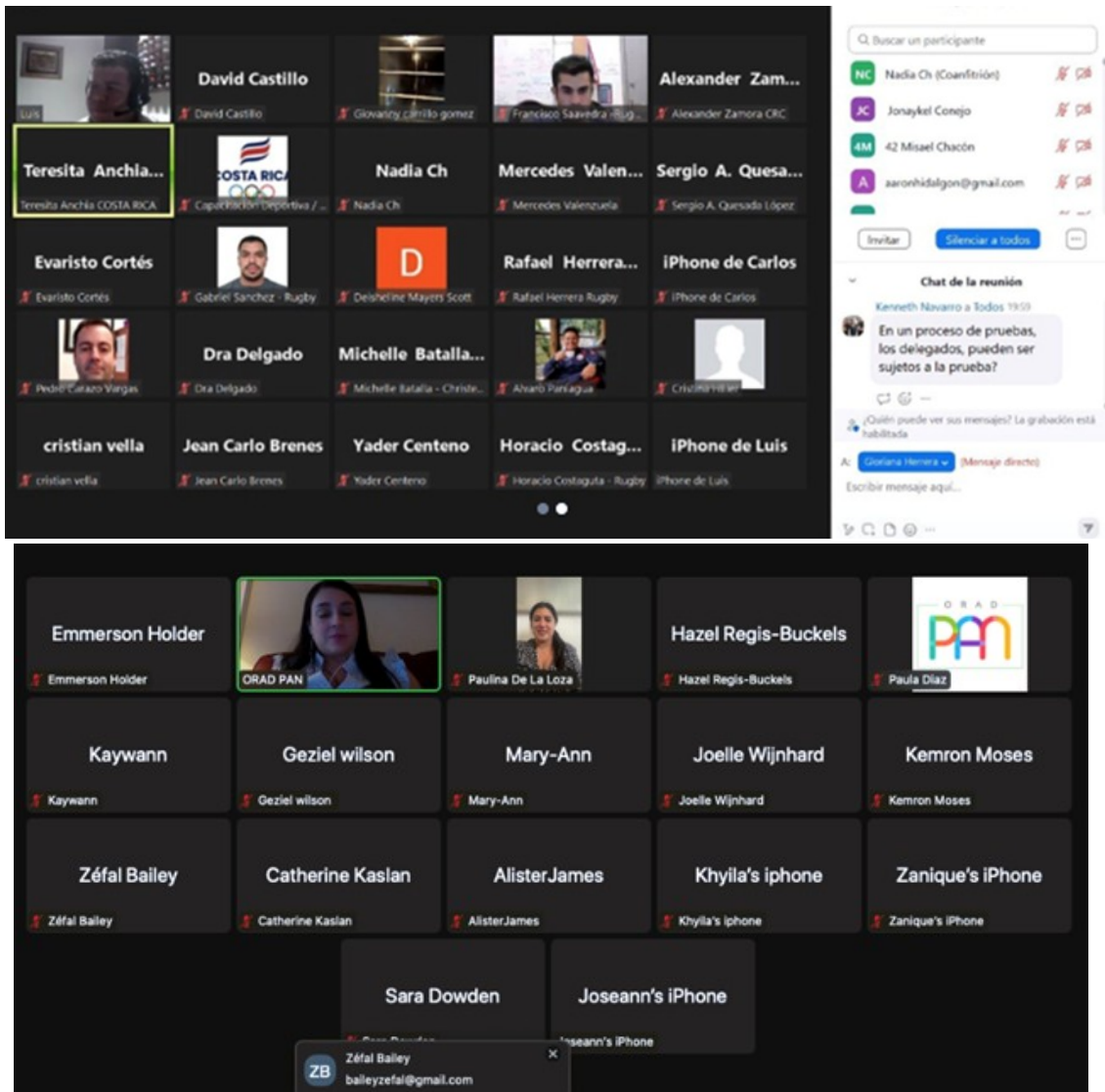
In this second phase, some member countries of the PAN-RADO held educational talks in person and virtually to their respective delegations, prior to the athletes' arrival in El Salvador.



This was to prepare their delegations prior to controls and to ensure that they were well informed on anti-doping issues, especially on the types of collection that they would face during the games.



For those countries that could not hold their talks in person or virtually within the bimonthly period. The PAN-RADO offered virtual training on June 21 to all delegations participating in the XXIV Central American and Caribbean Games, San Salvador 2023. These talks were offered in Spanish and English by the team of coordinators of the PAN-RADO





Sports center and Villa for the XXIV Central -American and Caribbean Games in San Salvador 2023.

The entire Educational Staff and part of the anti-doping volunteers participated in the Games' education stand. There were various activities to motivate athletes to know and inform themselves about everything related to control processes, information on TUE, filling out the research survey, WADA's Play True Quiz, use of the Doping Control Simulator, Play control process cubes among many more activities.



As prizes, we were able to distribute various promotional and educational items so that the athletes could take home a souvenir and information relevant to them: briefcases, bracelets, coloring books with the animated series of The True Athlete Challenge and bracelets with a Fair Play message.



There were speakers with messages alluding to fair play to raise awareness of the importance of Playing Fair, saying no to doping, and taking a souvenir from the games with the hashtag PLAY TRUE



Awareness activities for the entire sports community:

During the games we were able to achieve direct interaction with the entire sports community: Athletes, doctors, support staff, coaches, and parents of all the delegations participating in the games.

It was possible to communicate and train through educational material on the 2023 Prohibited List and violations of anti-doping rules where the entire sports community showed real interest in taking away that knowledge, both at the main stand of the town and in the stadiums with the public in general.

Through games such as the cube game with the 11 steps of doping control, the entire public that participated was able to clearly learn these fundamental procedures for those athletes who at the time face a urine, blood, or drop sample collection. dry.

Through the Play True Quiz, coaches, support staff and parents had the opportunity to test their knowledge about anti-doping.

With the use of our digital tools: The Simulator and the Virtual Game, participants in the sports community could learn more about the processes and about Fair Play in Sports.

With the public in the stadiums, the #PLAY TRUE, #NOTODOPING campaign could be achieved, where the participation of the entire sports community was achieved.



Anti-Doping messages in stadiums.

During the competitions, messages referring to fair play were transmitted through the screens to continue with our awareness campaigns. The main idea of this broadcast was for the entire public to join the campaign and create awareness in each of those present on the importance of staying clean and playing in an equitable environment without cheating.

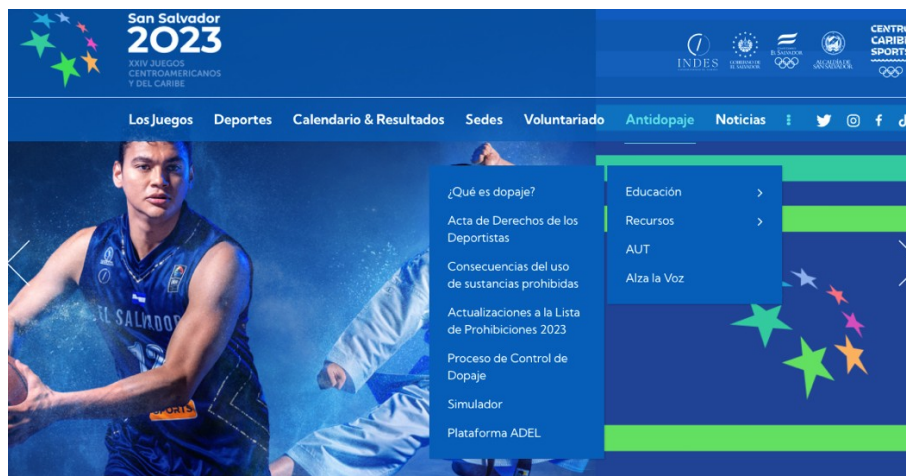


Anti-Doping website section:

In the months of April - May, the Anti-Doping section was created on the website of the XXIV Central American and Caribbean Games, San Salvador 2023 www.sansalvador2023.com. By entering the main screen of the page, users could access a series of anti-doping information and necessary educational material.



In the first section, it was planned to collect all the information related to education:



What is Doping?:

In this section, users would be informed of everything related to the 11 anti-doping rule violations described in the World Anti-Doping Code.

Athletes' Right and responsibilities:

It contemplates all the Rights and responsibilities that Athletes must have, among them the Right to the protection of their data and personal information, Right to Education, right to have a representative at all times of a doping control process, Right to health, among others. Any user could download this document and obtain in-depth information.

Consequences of the Use of Prohibited Substances:

It is essential that we can inform the entire sports community about the side effects of the recurrent use of Prohibited Substances. These consequences can be fatal for an athlete's health, not only by incurring sanctions, but also by the side effects they can bring to their system, such as: Heart murmurs, Hypertension, Sleep Disorders, Testicular Atrophy, Fatal arrhythmias, among others. other dangerous diseases for any athlete.

Updates of the 2023 Prohibited List:

Through this section, users could find out about those changes in the List and those new substances that are part of the Prohibited List, among them tramadol: a substance that will begin to be sanctioned from January 2024. In addition to the Cannabinoids that are considered prohibited in the competition period when its threshold exceeds 150 ng/ml.

Doping control processes:

This section presented the 11 steps of the doping control process in both urine and blood. Accompanied by step-by-step instructional videos of the process. This section explained the process for adults, minors, and athletes with disabilities.



ADEL Simulator and Platform: Two educational digital tools that provide extensive and important information. The simulator that allowed users to learn the step-by-step process of the control process in time, in competition or out of competition, as a control officer or as an athlete, and allowed it to be placed in Spanish and English.

On the other hand, the ADEL Platform, which would direct users to the main page of the WADA/AMA platform, to learn everything about anti-doping: courses for high-performance athletes, national and international athletes, support personnel, doctors, coaches, and parents.



The resources section:

It contains all the downloadable PDF documents so that any user could learn about the CCS Anti-Doping Regulations, download the 2023 Prohibited List, the current 2021 World Anti-Doping Code, the 11 steps of Anti-Doping Control and the various International Standards.



Autorización de Uso Terapéutico

Qué es una AUT?

Algunos atletas pueden tener enfermedades o afecciones que requieran del uso de medicamentos o la realización de procedimientos. Si el medicamento o método que un deportista requiere utilizar para tratar una enfermedad o afección está prohibido según la Lista de Prohibiciones de la Agencia Mundial Antidopaje (AMA), puede concedérsele al deportista una Autorización de Uso Terapéutico que lo autorice a usar esa sustancia o método mientras compete sin invocar una infracción de las normas antidopaje y la sanción aplicable.

Una AUT se autoriza por los siguientes criterios durante un periodo de tiempo determinado:

- El deportista tiene una condición médica diagnosticada y debe hacer uso de una sustancia o método prohibido.
- El uso de esta sustancia o método no aumenta su rendimiento deportivo.

The TUE section, designed to allow the user (athletes or athlete support staff), to download the AUT form in both English and Spanish versions to apply for a TUE or retroactive TUE if they require any medication that was on the List.



Fomulario

Nombre Correo Teléfono

Tipo de Infracción

Administración o intento de administración de una sustancia prohibida a un atleta
 Complicidad como: asistir, fomentar, conspirar, ayudar, o en encubrir una violación de las normas antidopaje
 Evadir, rehusarse, o no poder producir una muestra
 Posesión de sustancia o métodos prohibidos

Deporte Nombre de los involucrados

Por favor escribe tu sospecha lo más detalladamente posible

Seleccionar archivo ningún archivo seleccionado

Alza la Voz



Mediante el uso de este formulario, has decidido confiar en nosotros y lo tomamos con la responsabilidad que ello merece. Este mecanismo es un medio seguro para que puedas reportar cualquier actividad que consideres contraria a las normas antidopaje. Invitamos a toda persona que disponga de información sobre un presunto caso de dopaje a compartirla de modo confidencial a través de este formulario.



Finally, the SPEAK UP section, contemplated to make complaints corresponding to doping situations in athletes or any of the violations of anti-doping rules.

Heads of Mission Seminar

As part of the development of the Anti-Doping Program, the formal presentation of the Anti-Doping Program of the XXIV Central American and Caribbean Games, San Salvador 2023, was made during the Heads of Mission Seminar in April 2023.

In this Seminar, topics related to all operational management for the anti-doping department were discussed and the corresponding visits were made to the town's facilities and sports centers to provide follow-up and necessary adjustments to the doping control stations.



TDP , RTP:

Fecha de Test	TIPO DE CONTROL		
	EC	FC	Total general
20/6/2023		4	4
21/6/2023		5	5
22/6/2023		15	15
23/6/2023		21	21
24/6/2023	27	14	41
25/6/2023	23	17	40
26/6/2023	32	12	44



27/6/2023	31	20	51
28/6/2023	42	13	55
29/6/2023	37	5	42
30/6/2023	13	11	24
1/7/2023	25	17	42
2/7/2023	30	8	38
3/7/2023	29	11	40
4/7/2023	22	8	30
5/7/2023	54	19	73
6/7/2023	49		49
7/7/2023	61		61
8/7/2023	14		14
Total	489	200	689

In the month of May, the official version of the Risk Analysis and Control Distribution Plan RTP/TDP is delivered by the PAN-RADO approved by the WADA-AMA with the purpose of knowing the distribution of controls that would be carried out at both headquarters. of the Games, the selection criteria, and the number of controls planned by disciplines.

Total controls carried out according to the type of sample:

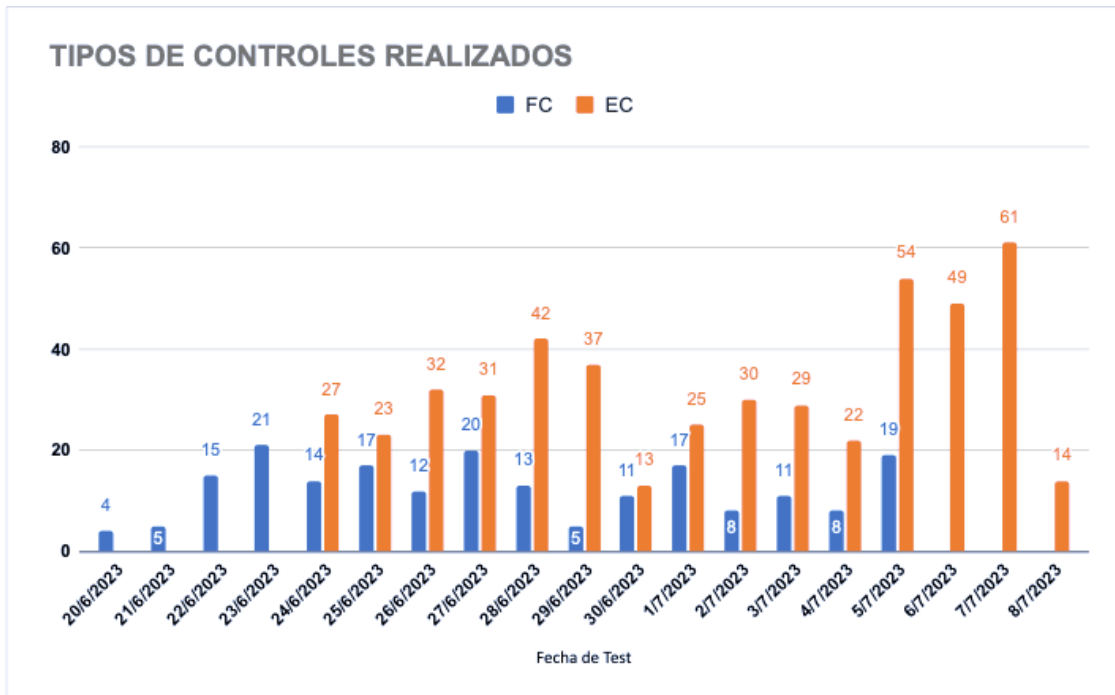
SAMPLE TYPE	NUMBER
Urine	641
Blood	28
DBS	20
Total	689

DILUTED SAMPLES			
TYPE OF SAMPLE	SPORT	SI	Total
URINE	Aquatics	6	6
	Athletics	4	4
	Baseball	1	1
	Basketball	1	1
	Cycling	1	1
	Surfing	3	3
	Weightlifting	3	3

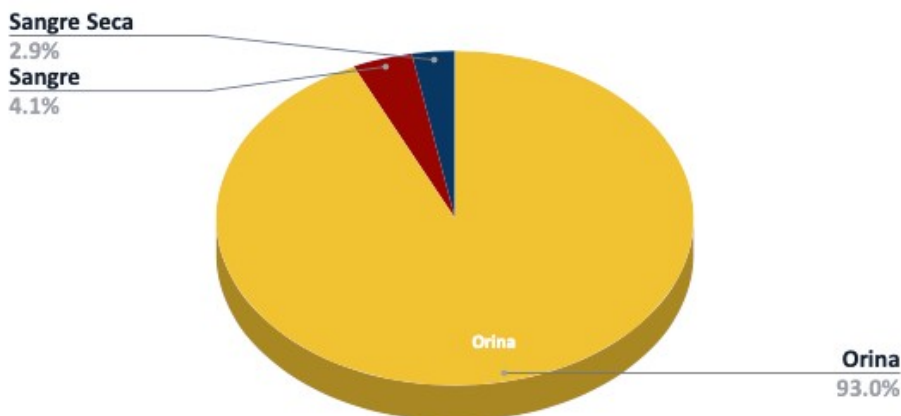
Total URINE		19	19
Total		19	19

This graph shows the number of diluted samples, according to each sport. Sports are placed based on the ADAMS system.

Comparative table of the total controls carried out by date, both outside the competition and during the competition period.



TIPOS DE MUESTRAS REALIZADAS



This graph details the types of samples taken during the games, highlighting that 93% of the samples were taken in urine, 4.1% in blood and 2.9% in DBS or dried blood spot.

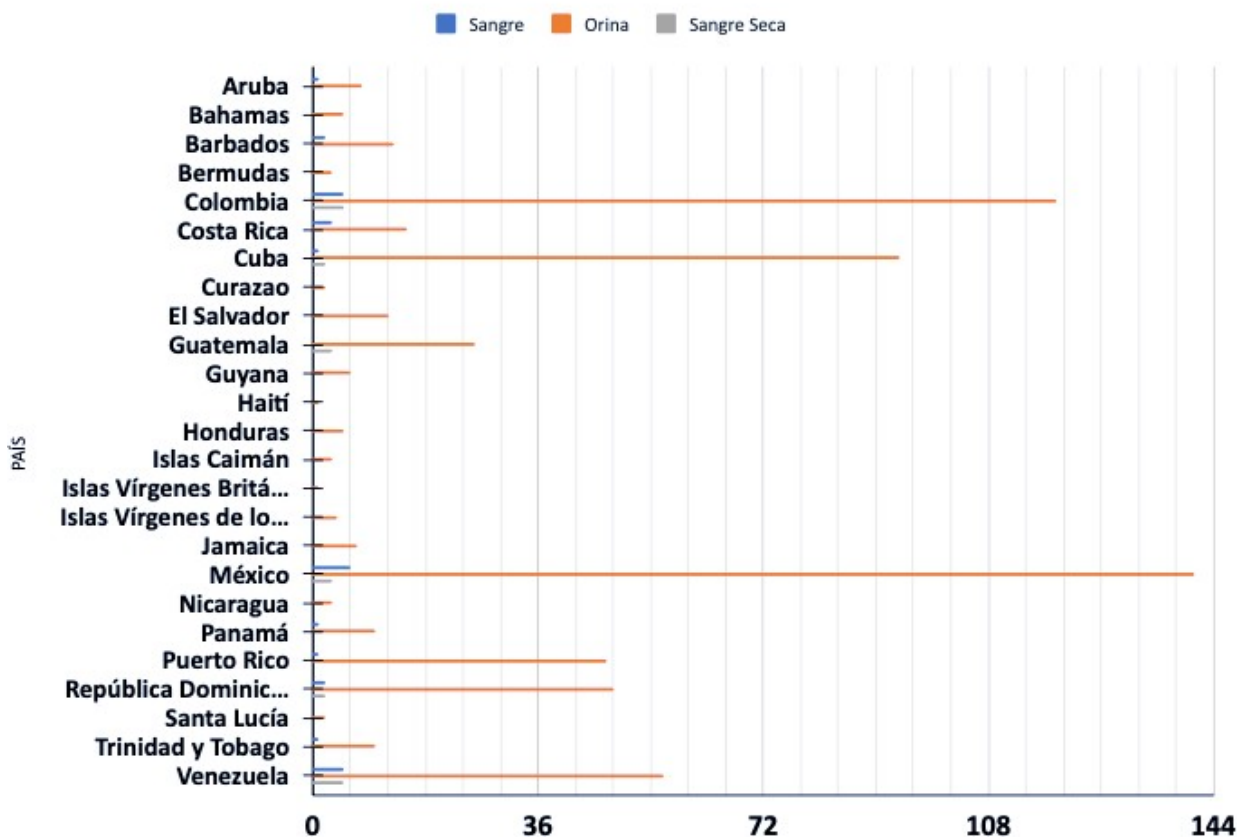
Total amount of testing by country with the type of sample:

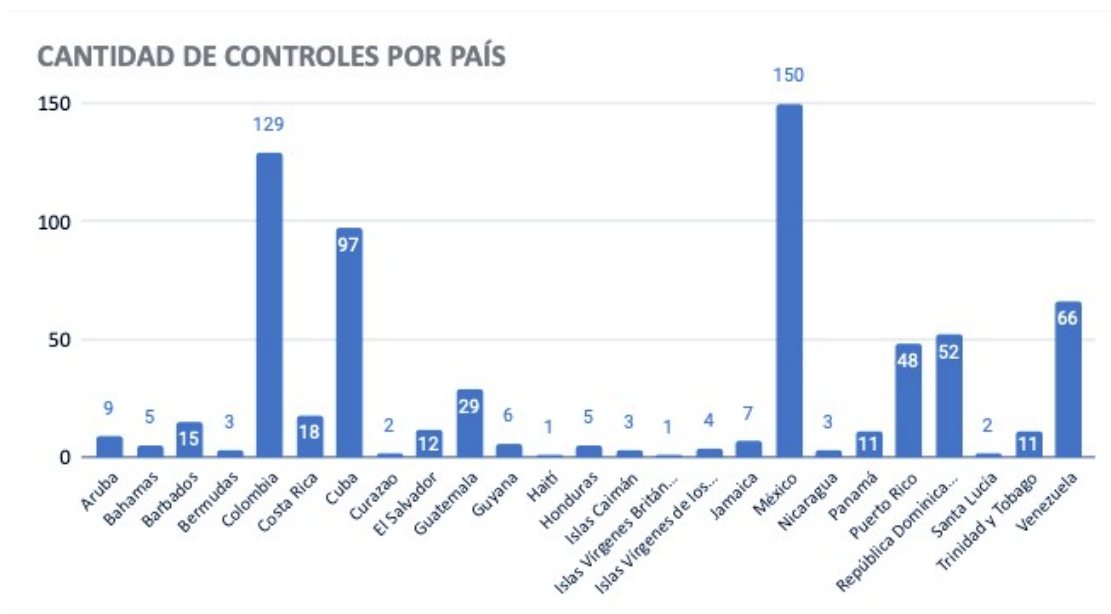
COUNTRY – SAMPLE TYPE AND AMOUNT OF SAMPLES				
-	Type of sample			
Country	Urine	Blood	DBS	Total
Aruba	8	1		9
Bahamas	5			5
Barbados	13	2		15
Bermudas	3			3
Colombia	119	5	5	129
Costa Rica	15	3		18
Cuba	94	1	2	97
Curazao	2			2
El Salvador	12			12
Guatemala	26		3	29
Guyana	6			6
Haití	1			1
Honduras	5			5
Islas Caimán	3			3
Islas Vírgenes Británicas	1			1
Islas Vírgenes de los EEUU	4			4

Jamaica	7			7
México	141	6	3	150
Nicaragua	3			3
Panamá	10	1		11
Puerto Rico	47	1		48
República Dominicana	48	2	2	52
Santa Lucía	2			2
Trinidad y Tobago	10	1		11
Venezuela	56	5	5	66
Total general	641	28	20	689

According to this table, Mexico (150), Colombia (129) and Cuba (97) were the countries with the greatest number of samples carried out.

PAÍS Y TIPOS DE MUESTRAS REALIZADAS

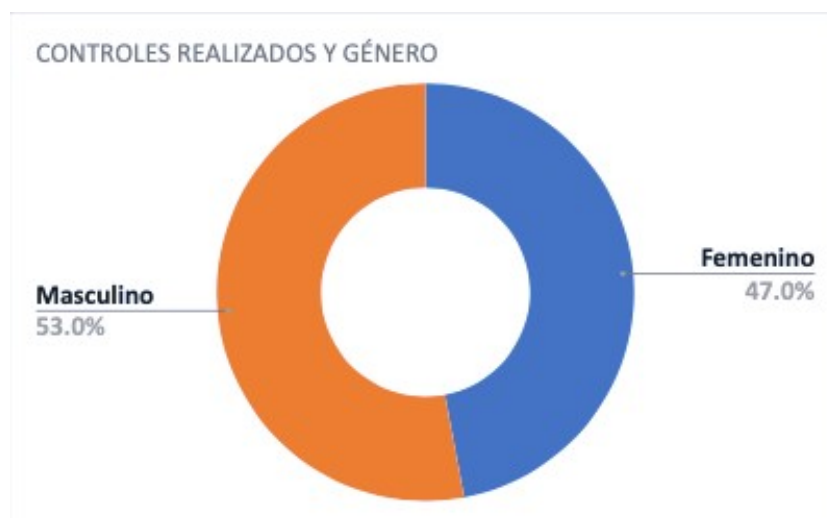




TYPE OF SAMPLE				
SPORT	Urine	Blood	DBS	TOTAL
Aquatics	108			108
Archery	6			6
Athletics	98	2	4	104
Badminton	4			4
Baseball	11			11
Basketball	17			17
Bowling	4			4
Boxing	19			19
Canoe_Kayak	8			8
Chess	4			4
Cycling	77	18	5	100
Equestrian	4			4
Fencing	10			10
Field_Hockey	6			6
Football	14			14
Golf	2			2
Gymnastics	12			12
Handball	7			7
Judo	21			21
Karate	19			19
Modern_Pentathlon	6			6
Netball	2			2

Racquetball	4			4
Roller_Sports	8			8
Rowing	8			8
Rugby_Union	10			10
Sailling	4			4
Shooting	8			8
Softball	8			8
Surfing	14			14
Table_Tennis	2			2
Taekwondo	18			18
Tennis	2			2
Triathlon	6			6
Volleyball	15			15
Weightlifting	42	8	11	61

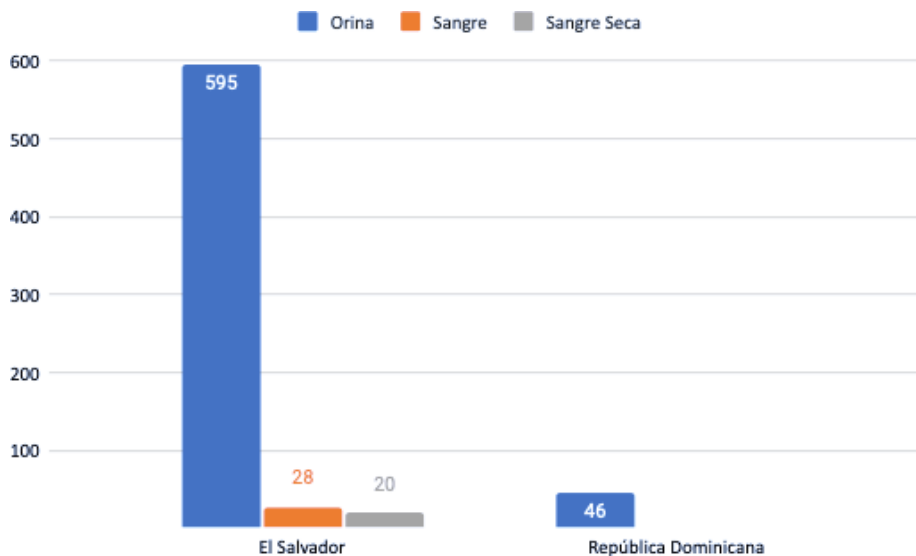
A total of 324 samples were performed on female athletes and 365 samples were performed on male athletes.



GENDER	TYPE OF SAMPLE			
	Urine	Blood	DBS	TOTAL
Female	301	13	10	324
Male	340	15	10	365
Total	641	28	20	689



This last graph demonstrates the number of controls carried out according to the headquarters.



SAMPLE				
VENUE	Urine	Blood	DBS	TOTAL
El Salvador	595	28	20	643
República Dominicana	46			46
Total general	641	28	20	689

Results Management and Disciplinary Panel

To comply with the International Results Management Standard, training was carried out in conjunction with WADA-AMA for the Results Management Panel and Anti-Doping Disciplinary Panel.

Conflict of interest agreements

In the month of May, the Affidavit of Confidentiality and Conflict of Interest is also signed by each of the Control Officers who made up the anti-doping team. This document was created by PAN-RADO and Centro Caribe Sports in accordance with the current world anti-doping code.



CONCLUSIONS

As a Pan American Regional Anti-Doping Organization, we are truly pleased and proud of the work accomplished in 2023, with 11 member countries and 4 strategic partners that have done hard work to comply with both education and controls.

During the year 2023 we were still in the process of elections in certain countries and even so at the end of the year each of the objectives set for this year could be met. Each educational department was strengthened and supported by us as PAN-RADO to educate our athletes in each of the commitments that were made throughout the year.

As PAN-RADO we are also proud of the new alliances and agreements achieved to grow the Organization and receive the support of institutions and organizations that will surely positively contribute the knowledge and experiences necessary to become one of the most important RADOs. complete worldwide.

The year 2024 will be a year of new challenges and opportunities, with great multidisciplinary events and great events such as the Global Education Seminar. We are convinced that, just as the year 2023 was successful, the year 2024 will be equally successful in each of the projects managed.



Photo Gallery









