

## Checklist for Therapeutic Use Exemption (TUE) Application:

## **Intravenous Infusions**



Prohibited Substances/Method: Volume > 100 ml per 12 h

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents <u>MUST</u> be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

TUE Application form must include:
All sections completed in legible handwriting
All information submitted in [language]
A signature from the applying physician
The Athlete's signature
Medical report should include details of:
Medical history: symptoms at manifestation, course of disease, start of treatment. Must define/describe where the infusion was/is to be administered (Note: infusions given as part of hospital treatment, surgical procedure or diagnostic procedure do not require a TUE unless they contain a prohibited substance)
Findings on examination: e.g., physical signs of illness or relevant medical condition
Interpretation of symptoms, clinical findings and test results
Diagnosis of illness or most probable medical condition
Infusion: volume and time period over which it has been given (only >100ml per 12h require a TUE) and substance (if any prohibited substance is infused) including dosage and frequency
Response to treatment/course of illness/condition
If an alternative treatment was not an option, a description of why iv administration of fluid or substance was/is chosen must be given
Diagnostic test results included (copies of originals or printouts)
Laboratory tests: if available, e.g. Hb/Hct, electrolytes, blood cell count, serum ferritin etc
Additional information included
As per ADO specification