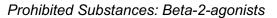


Checklist for Therapeutic Use Exemption (TUE) Application:

Asthma





This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents <u>MUST</u> be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

| 1 | UE Application form must include: |
|---|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | All sections completed in legible handwriting |
| | All information submitted in [language] |
| | A signature from the applying physician |
| | The Athlete's signature |
| N | fledical report should include details of: |
| | Medical history: symptoms of airway obstruction, provocative stimuli, aggravating factors, exacerbations, age at onset, course of disease under treatment (specify) |
| | Findings on examination: airflow obstruction at rest, exclusion of differential diagnoses |
| | Summary of diagnostic test results: spirometry, if spirometry normal, include reversibility test, if both normal, include provocation test |
| | Interpretation of symptoms, signs and test results by respiratory physician |
| | Beta-2-agonists (except for salbutamol, salmeterol, formeterol by inhalation and in therapeutic doses all are prohibited at all times) and/or glucocorticoids (only prohibited in-competition and when given systemically) prescribed including dosage, frequency, administration route |
| | Response to treatment with previous/current medication |
| С | Piagnostic test results should include copies of: |
| | Spirometry report with flow curve |
| | Spirometry report with flow curve after bronchodilator administration (reversibility test) if above spirometry shows normal findings |
| | Documentation (incuding spirometry report with flow curve) of a recognized provocation test if both spirometries above show normal findings |
| А | dditional information included (not mandatory) |
| | Peak flow log, allergy test results, previous spirometry and provocation tests results |